

UCSF GME RESOURCES FOR XENOPHOBIA, HATE SPEECH AND BIAS IN THE COVID-19 PANDEMIC

REPORT INCIDENTS OF BIAS AND DISCRIMINATION

Please remember, **all faculty are mandatory reporters**. If you hear about a case of discrimination based on race or other protected class please report it. UCSF encourages erring on the side of reporting, as complaints are logged and numerous reports of seemingly innocuous behavior may reveal a pattern of behavior that cumulatively results in a policy violation. 415.502.3400 • title9@ucsf.edu • <https://shpr.ucsf.edu>
For other UCSF resources to support the person who was harassed, [see these links](#)

RECOGNIZE XENOPHOBIA AND RACISM IMPACTS OUR MENTAL HEALTH

Mental health resources Erick Hung and others from the Well Being committee shared on today's call [here](#).

BE AN ALLY and INTERRUPTER

Things you can say if you witness oppression or someone shares an experience with you here are some ally responses.

"I am sorry that happened to you. That is racist and wrong. I am here to listen if you want to talk."

"That sounds awful. You do not deserve to be treated that way. Is there anything I can do to help?"

"What happened to you was wrong. I am sorry for the way you were treated."

If you are a bystander and you are able to be an interrupter here are some responses.

"Please stop targeting/blaming my friend. They are not responsible for the global pandemic."

"Your racism toward him/her/them is wrong. Please stop."

"I am not okay with how you are treating her/him/them. Please leave."

"If you want to combat this public health crisis, I recommend washing your hands rather than blaming innocent people."

REMEMBER MINORITIZED PEOPLE ARE LIKELY TO BE HARDEST HIT WITH COVID-19

[Familiarize yourself with local and national efforts to enhance detection and treatment for all.](#)

OTHER ARTICLES AND RESOURCES

Google docs link to 50+ articles and some podcasts related to xenophobia and COVID19 from University of Connecticut. [HERE](#)