

**Post Match Reporting
2018-2020 Match Cohort Data**

**Specialty: Pediatrics
Number of Survey Respondents = 31
2018(35%), 2019(39%), 2020(26%)**

<u>Match year</u>	<u>Match cohort</u>	<u>% total cohort</u>
2018	15	10.14 %
2019	18	11.25 %
2020	10	6.49 %

	<u>Mean</u>	<u>St Dev</u>
Step 1	231.42	21.12

At least one faculty member knew me both personally and professionally during the course of medical school.

Strongly Agree	5
Agree	3
Disagree	0
Strongly Disagree	0

If there was a faculty member who knew you both personally and professionally throughout medical school, please describe who that faculty member was and how they knew you.

My coach, Dr. Eddie Cruz knows me professionally in the setting of CMC and workshops that took place during the ARCH weeks. He also knows me personally from dinner events for our CMC group, and the times I reached out to him for personal advice. My research mentor, Dr. Megha Garg, is another faculty member I know both professionally in the context of the projects she has advised me on, and personally from the times we have gotten together purely to visit and catch up.

My CMC coach (Kathryn Eubank), my Deep Explore mentor (Naomi Bardach), and Michele Long, who runs the EPAC program. They all primarily knew me professionally but also knew some elements of my personal life.

My coach definitely. To a certain extent also some course directors who I also shadowed in their clinic practice, some attendings in inpatient peds and medicine sub i who took extra time to get to know me, and the medical director of a student run clinic i volunteered with

Margo Vener and Carol Miller were great friends and mentors.

Michele Long knew me first through my involvement in EPAC lunch sessions, and she got to know me even more when I committed to EPAC. We worked together on wards and on supervised study projects on assessment of clerkship students.

Leigh Kimberg, MD Eddie Cruz, MD

Mohammad Diab my ortho mentor for several years, spent first two years shadowing in clinic & OR often and worked on two research projects with him.

I developed relationships with many faculty members who I worked with during my core rotations and subIs.;

How many categorical programs did you apply to?

<= 5	26
6 – 10	1
11 – 20	2
21+	2

Did you apply to any advanced programs?

Yes	1
No	7

How many advanced program(s) did you apply to?

<= 5	1
6 – 10	0
11 – 20	0
21+	0

Which advanced program(s) did you apply to?

Combined pediatrics/adult psychiatry/child-adolescent psychiatry

How many programs in your specialty (not including preliminary programs) invited you to interview?

<= 5	6
6 – 10	7
11 – 20	17
21+	1

How many interviews in your specialty did you accept?

<= 5	7
6 – 10	11
11 – 20	12
21+	1

Did you review the list of programs to which you applied with a designated Career Advisor?

Yes 13
No 18

If not a Career Advisor, whom did you review your rank list with?

Faculty 3
Residents 1
No rank list, did EPAC 1
Specialty Advisor 1

Did you enter the Couples Match through the National Resident Matching Program (NRMP)?

Yes 2
No 29

Did you apply to preliminary and/or transitional PGY1 programs in addition to programs in your specialty?

Yes 0
No 31

How many PGY1 programs invited you to interview?

None

How many PGY1 program interviews did you accept?

None

Estimate the total amount you spent on interview trips. - Selected Choice

0 - 300 6
301 - 500 1
501 - 1000 5
1001 - 2000 10
2001 - 3000 4
3001 - 4000 3
8000 1

Were you involved in a research project in your specialty?

Yes 14
No 17

Did you do any away rotation(s)?

Yes 4
No 27

List the institution(s) and specialty for your away rotation(s).

Harvard Pediatrics

I did a Peds ED Rotation at CHO (but I'm EPAC, so applies to peds residency here 2nd year)

Kaiser Napa Solano Family Medicine

Kaiser Vallejo, John Muir, CPMC, Highland, Contra Costa Regional Medical Center,

Do you have any publications since starting medical school?

Yes 15
No 16

How many publications do you have?

<= 5	27
6 – 10	4
11 – 20	0
21+	0

Do you have any publications in the specialty you applied to since starting medical school?

Yes 3
No 5

How many specialty publications do you have?

2	2
4	1

**Who was your most effective career advisor in field matched?
(number of multiple mentions)**

Dan West (2)

Dr. Sabrina Fernandez (4)

Michele Long (11)

Dr. Tim Kelly (7)

Anna

Sara Buckelew (4)

Michelle Hermiston

Kevin Shannon

other students

Chris Stewart

What were your most useful career resources?

Q&A with matched MS4s, individual advising meetings with department chairs, talking with classmates applying into pediatrics

Doximity Residency Navigator

I applied to EPAC at the beginning of MS2 year and was accepted, so my process was completely different.

Career advisors

Near peer mentors

Office of career development helped me update my CV

CV writing session from the OCPD, sample personal statements and tips from OCPD, careers in medicine from AAMC, interview trail tips from the peds mentors, previous post match reports.

My classmates I had my classmates read over emails to program directors and Meeting with the specialty career advisors, especially Tim Kelly and Dan West Margo Veneers family medicine emails really helpful because she said things like "now is a time to start calling/emailing programs that havent gotten back to you, heres a sample email" and, "now is the time when you can email your first choice program and let them know they are your first choice," and on Match Day she reminded in her email to thank the mentors who have helped us I asked

post match survey

Tim Kelly was the person who really helped me make my application list. I talked to Dan West, which helped confirm my list I was interested in going back to the East Coast, so I tried to ask about those programs whenever I worked with someone who came from the east coast Frieda was useful for getting a lay of the land

Doximity

Tim Kelly, recent graduates and Peds residents who applied to programs in a similar geographic area

Margo Veners FCM email newsletter (sent via Roy Johnston) throughout the application process Carol Miller

NRMP app the match prism

Peer advising

Peds department Q&A pre interview season

Doximity

If you had to do anything differently in the residency matching process, what would it be?

Go to resident happy hours dont feel like I met a ton of residents.

Discuss the process more with classmates, worry less about timing of interviews (early vs late in season doesnt seem to matter)

I would have applied for a travel credit card in order to gain points or airline miles for all of the traveling that I did. I also would have written more thank you notes to the residency program coordinators and directors, as this was a nice way to reflect on each program and show gratitude to those who put so much work into creating positive interview day experiences.

I applied to EPAC at the beginning of MS2 year and was accepted, so my process was completely different. I have loved being in EPAC and wouldn't change anything about it!

Apply for peds and IM too

Seek out more advisors not involved in intern selection process for Ucsf

I would want to connect with an advisor earlier ours were assigned in mid August and I would have liked to meet at least once or twice before then.

Im one of the few people who should have applied more broadly. I wanted to stay on the west coast and I applied broadly to the competitive midwest and east coast programs (Cincinnati, CHOP, MassGen) and none of them interviewed me, but I think instead I should have applied to more, less heard of, programs on the west coast. For example I forgot about the Kaisers and probably should have applied to them. Also I accidentally sent my personal statement with the OHSU "why you think OHSU would be a good fit for you" addendum to Mass Gen instead of OHSU, and only realized like 5 days after I submitted my application. I emailed both programs and reassigned the correct personal statements, and I got an interview from OHSU but not Mass Gen or the childrens Boston, or CHOP, or Cincinnati so hard to know if it mattered.

Talk to residents and fellows more about their experiences with the institutions I was interviewing with

Knowing what I know now (I had a pretty strong preference for large ish, stand alone childrens hospitals that do a lot of research), I would have applied to many fewer programs. However, I didnt know I had that preference until I was half way through interview season, so couldnt have changed much up front. I went on a lot of interviews, which was expensive and exhausting, but I think I needed most of them to figure out what I wanted.

I would not speak with as many people about my choices. I also would have applied more broadly.

Apply to less programs. Prepare more for interviews.

Apply to less programs

I would try to schedule a second look at my top 1 2 choices.

apply more geographically broadly

More time preparing for each interview (talking to someone at the program prior, coming up with program specific questions/reasons I was interested in that particular program). The time I spent preparing for programs definitely waned as I became more fatigued later in the interview process. Also would have used the NRMP app to rank programs starting at my first interview (rather than halfway through which is when I discovered it)

More pre interview support

Nothing

Apply to fewer programs (though this is bogus fear will make you apply to more than you need, and thats ok. money is lost but it felt worth it for relative peace of mind) Couples matching: Make a shared spreadsheet and keep track of everything. Send emails to your programs with your partners info in it and their program coordinator contact info to get more same location interviews. Dont expect to travel together at all.

I would have appreciated more knowledgeable official career advisors and I would have applied to less programs

Applying to fewer programs! Could have saved some money;

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

Discuss how many programs to apply to with the specialty advisors I was initially surprised by how low the number was, but it gave me the reassurance to apply regionally and only to programs I truly wanted to train at. Come up with a list of things that matter to you in a program that you can look back on when ranking, as programs can start blurring together. The confidential career advisors are helpful for discussing rank lists, though different advisors seem to have different levels of conservativeness when setting expectations.

Pediatrics is a wonderful specialty with an abundance of incredible faculty around the country take comfort in knowing that you've already done well by choosing such a great career path! Be confident in yourself, be honest in your interviews, and most importantly: be kind to everyone you interact with on the interview trail. Good luck!

I applied to EPAC at the beginning of MS2 year and was accepted, so my process was completely different. If you are confident about Pediatrics and staying at UCSF you should 100% apply!

If you have the time, energy, and resources to do a second look, I found it useful. I had a good feeling about the program on my interview day, but I used the second look to shadow rounds and visit a continuity clinic. Definitely not necessary for any program, but it made me feel like I made the best informed decision I could since interview day can fly by and you sometimes only see the deans and not what the patient population looks like.

Dont worry

Be open to all possibilities

We need more advisors who are not directly involved in Ucsf selection to have candid and trusted conversations.

I would say the most stressful time for me was waiting for interview invites after submitting ERAS, and don't freak out if other people get invites before you!! They all sort of flood in after a while and don't get in your head if you have only a couple and someone else has a bunch—they will come. Pediatrics interviews are very fun and quite relaxed, although programs and interviewers definitely differ in their interview styles, and some can be a bit more formal.

Get on Margo Veneers email list, it was helpful for people who aren't applying into family medicine. A classmate and I met for coffee and practiced our interview responses with each other and gave each other feedback. It was helpful mostly just to practice getting our story down and literally saying the words that we should have prepared for the most common questions e.g. why are you going into peds, tell me about a challenging patient, tell me about some other challenge, etc. I wanted to ask for UCSF's help advocating to programs but we lost Tim Kelly and I wasn't sure how to email Dan West, who was away at a conference at the time and also the head of the pediatrics department without lowering my chances at UCSF. So I met with Michelle Long who helped me draft the following email: "I have an important and timely question that normally I would ask Tim Kelly, but I understand he is out. Are you the person who can answer it? I have scheduled residency interviews at a few wonderful programs (UCSF, OHSU, CHO, UC Davis, Stanford, UCLA). There are a few programs I have not heard from which are important to me (CHOP, UCSD). And I have been declined an interview at one place that is also important to me (Seattle Childrens). I have heard from a few friends that the pediatrics department will sometimes advocate on applicants behalf to help student get interviews at places that are important to them. What is our department's policy on advocating for students? I was not sure who to email because I love UCSF and I would love to stay here, but I understand that due to the nature of the residency application and the match I should take an active role in this process." Dan West responded that day saying "We are always happy to help advocate. Could you make a list with contact email address and I will be happy to contact them on your behalf." and I sent him a list of 3 programs. I also called the programs asking them simply if they had already filled all their interview slots and expressing my interest. UCSD took down my name when I called and then a few days later I got an email from interview broker I think on October 28th and at that point the ONLY interview open was October 31st. So if I had waited an extra day I wouldn't have been able to go because the program doesn't let you book later than like 3 business days ahead. So the moral is contact programs in the first half of October and ask for help BY mid October. One person who was couples matching whenever his partner got an interview somewhere he emailed that place saying that his partner was interviewing there and he had also applied and he got interviews that way too. (He was applying in the more competitive field, his partner was applying in the less competitive field). Send a quick thank you email or thank you card to your letter writers and anyone else who expressed support and interest in your career! I've had many a time when the person I thanked said that my sincere thank you made their whole day.

I am in EPAC

If you are looking to leave CA, it's helpful to reach out to people on the east coast / find faculty from the east coast to talk about programs with. I didn't feel like being transparent that I was considering east coast programs (but might want to stay at UCSF) hurt me at all with advising/applying. I'm happy I was open about what I was thinking with Dan West and Tim Kelly. It was really helpful to talk to people who had just went through the process about the little details (e.g. how to ask for a letter, where to buy a suit etc).

Speak with upperclass students who have already applied.

Advocate for yourself. If you don't receive an interview from a program you are interested in reach out to that program to express interest. I did this for 4 programs that are in locations not typically applied to by UCSF peds students (i.e. Michigan) and ended up getting invites from all 4 programs I reached out to.

Talk with classmates who are also applying! A lot of information is learned by word of mouth.

I found it very helpful to have some flexible time (during a research rotation) in August to meet with career advisors and each of my letter writers in person. This takes some planning because it was helpful to provide a draft of my personal statement in advance especially to each letter writer.

Talk to as many people as possible in your specialty to get advice for selecting programs, interviewing & ranking. Current interns are great to talk to to get a feel for the program (and to understand reputations of the other programs as they just interviewed at many of the same programs you may have gone to).

Pre interview support and more information about different programs. Honest advising about likely match positions

It's okay to cancel interviews.

Plan out when you will do interviews in advance where possible so it is easier to stack them. Sometimes this won't be possible, though (some programs give you a list of like 3-4 dates and that's it). Pediatrics is a fun field to apply in! People were universally quite nice and friendly. Interviews felt more like meet n greets;