Post Match Reporting
2018-2020 Match Cohort Data

Specialty: Otolaryngology
Number of Survey Respondents = 10
2018(20%), 2019(50%), 2020(30%)

<table>
<thead>
<tr>
<th>Match year</th>
<th>Match cohort</th>
<th>% total cohort</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018</td>
<td>2</td>
<td>1.35 %</td>
</tr>
<tr>
<td>2019</td>
<td>7</td>
<td>4.38 %</td>
</tr>
<tr>
<td>2020</td>
<td>4</td>
<td>2.60 %</td>
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<thead>
<tr>
<th></th>
<th>Mean</th>
<th>St Dev</th>
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<tbody>
<tr>
<td>Step 1</td>
<td>239.08</td>
<td>14.82</td>
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</table>

At least one faculty member knew me both personally and professionally during the course of medical school.

- Strongly Agree 3
- Agree 0
- Disagree 0
- Strongly Disagree 0

If there was a faculty member who knew you both personally and professionally throughout medical school, please describe who that faculty member was and how they knew you.

Charles Limb, mentor in specialty, made a strong effort to get to know me as an individual. Took mentorship seriously.

Research/career mentor in my specialty of choice

CMC coach

Dr Ha was a mentor and supported me throughout my medical school career. He was also my SPAN preceptor and met with me multiple times throughout the 4 years to provide guidance.

How many categorical programs did you apply to?

- <= 5  8
- 6 – 10  0
- 11 – 20  0
- 21+  2

Did you apply to any advanced programs?

- Yes  0
- No  2
How many advanced program(s) did you apply to?
None

Which advanced program(s) did you apply to?
None

How many programs in your specialty (not including preliminary programs) invited you to interview?

<table>
<thead>
<tr>
<th>Range</th>
<th>Count</th>
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<tbody>
<tr>
<td>&lt;= 5</td>
<td>2</td>
</tr>
<tr>
<td>6 – 10</td>
<td>2</td>
</tr>
<tr>
<td>11 – 20</td>
<td>4</td>
</tr>
<tr>
<td>21+</td>
<td>2</td>
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How many interviews in your specialty did you accept?

<table>
<thead>
<tr>
<th>Range</th>
<th>Count</th>
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<tbody>
<tr>
<td>&lt;= 5</td>
<td>2</td>
</tr>
<tr>
<td>6 – 10</td>
<td>3</td>
</tr>
<tr>
<td>11 – 20</td>
<td>5</td>
</tr>
<tr>
<td>21+</td>
<td>0</td>
</tr>
</tbody>
</table>

Did you review the list of programs to which you applied with a designated Career Advisor?

Yes 2
No 7

Before ranking programs, did you review your rank list with a designated Career Advisor?

Yes 2
No 7

If not a Career Advisor, whom did you review your rank list with?

Faculty, Residents 1

Did you enter the Couples Match through the National Resident Matching Program (NRMP)?

Yes 1
No 8
Did you apply to preliminary and/or transitional PGY1 programs in addition to programs in your specialty?

Yes  0  
No   9

How many PGY1 programs invited you to interview?

None

How many PGY1 program interviews did you accept?

None

Estimate the total amount you spent on interview trips.

2001 - 3000  3
3001 - 4000  3
4001 - 5000  3

Were you involved in a research project in your specialty?

Yes   9  
No    0

Did you do any away rotation(s)?

Yes   6  
No    3

List the institution(s) and specialty for your away rotation(s).

Boston University, Kaiser Oakland
NYU  otolaryngology UCLA  otolaryngology
Tulane University
UCLA and Mass Eye & Ear ENT
UCLA, NYU (Both OHNS)
University of Pittsburgh OHNS Boston University  OHNS
Do you have any publications since starting medical school?

Yes 8
No 1

How many publications do you have?

<= 5  5
6 – 10  4
11 – 20  0
21+  1

Do you have any publications in the specialty you applied to since starting medical school?

Yes 2
No 0

How many specialty publications do you have?

3  1
11  1

Who was your most effective career advisor in field matched? (number of multiple mentions)

My research mentor (same as Inquiry mentor) and my specialty specific confidential Career Advisor

Marika Russell
Anna Meyer
Steven Pletcher
Dr. Rahul Seth (2)
Dr. William Ryan (2)
Dr. Chase Heaton (3)
Mentor outside of UCSF (UCSF alumni)
Dr. Patrick Ha (2)
Jennifer Grandis
What were your most useful career resources?

Specialty specific confidential Career Advisor

Otomatch website stress inducing but occasionally helpful Speaking with my career advisors, as well as many many other otolaryngology residents or fellows at each institution after interviewing (I made lots of phone dates)

Residents who matched years prior, Dean Jones, NRMP match reports, UCSF post match reports

Confidential class advisor Applicants from the year ahead

Otomatch

Office of career and professional development helpful for formatting CV, but would definitely defer to people within the field for content in the CV that's submitted to ERAS

Residents, faculty

Confidential and non confidential advisors

research mentors

current residents

residency program director

For SubIs: ENT Secrets, Pasha For applying: career advisors!!! Meet with mentors and talk with them about their advice and weaknesses in your application. UCSF has a great department that will have your back if you show interes! otomatch is also a ok side resource but don't be rely on otomatch

If you had to do anything differently in the residency matching process, what would it be?

Maybe would have done a second away rotation for the experience of a different institution

would have applied much earlier to away rotations (wish there had been guidance regarding this, I should have been working to get all of the required documentation as early as December of 3rd yr, especially since January/February we are distracted with STEP 1 studying. The VSAS process is very complicated and we don't have any built in methods for help with this)

Apply to fewer programs

Enjoy the process more, take the opportunity to not only learn about the program but also learn about the city you will live in

If there is strong interest in a specific program, I would consider doing an away at that program. The number of spots is small enough that even if you are a stellar applicant, you may lose an opportunity to match at a specific program because they may prefer to rank someone they know well (and have developed a personal relationship with) higher

I would have started planning for away rotations earlier. In a competitive application year, I think doing away rotations can substantially increase the chance that you receive an interview.
Do an away rotation

Get to know the UCSF ENT department earlier. Start projects in ENT earlier in medical school.

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

See Q28. *Comment on this survey: question 5 only goes up to 49. May seem like a lot of programs to apply to for many specialties but not the case for surgical subspecialties/ other competitive specialty choices. I applied to 68 as it was a competitive year and I was couples matching. The average # for my specialty (even without couples matching) is ~65. So to get a more accurate figure you should increase this #!

Definitely do away rotations. Almost everyone I interviewed with had done away rotations and its a HUGE advantage for the programs to know you. Pick programs for your away rotations where you are seriously considering wanting to match, because the odds of you matching at a place you did an away rotation is much higher. I recommend having some sort of research, but it doesn't have to be within ENT. I also recommend getting a credit card, like Chase Sapphire, which can help you accrue airline miles I booked almost half of my flights with credit card airline miles. Stay with friends or interview hosts if possible, this saved me tons of money on the interview trail. Don't be afraid to turn down interview invites, you don't need to go to all of them.

Study hard for step 1, do well on third year rotations and your sub Is, get to know people in the field, build a strong relationship with faculty in our department, get strong letters of recommendation, do research, try to publish (its okay if you don't), go to conferences, maintain your hobbies, have fun

Try to become involved in research projects early and work with mentors to determine which projects can be feasibly published before ERAS. Its really helpful to have a lot of face time with faculty ahead of the application season try to coordinate electives and attend department events (grand rounds, tumor board, etc) as time permits.

Typically, UCSF applicants do well. Be honest about which programs you would really want to go to when deciding where to apply and where to interview. Also be critical and open minded as programs can be very different. There is a lot of heterogeneity in residency training in otolaryngology. Many people give advice not to take personal and lifestyle circumstances into much consideration, but 5 7 years is a long time and I think those are critical aspects to take into consideration

I found the most helpful people to talk to were recent alumni and junior residents who graduated from UCSF and had recently undergone the Match process.

Apply broadly, don't be afraid of the cost (its a drop in the bucket), seek out residents with whom you connect as well as key faculty in our program as well as those where you do aways. Stay in touch with them throughout the process.

Overall, ENT is an extremely small field and everyone knows each other so make sure you are treating everyone around you with kindness. Try to identify good mentors early in medical school and use these mentors as resources throughout your process. They can help with research opportunities, next steps, advice for where to do away and advocating on your behalf! This process can suck but UCSF student do well. People kept telling me that and it didn't believe them until post match so try enjoy the process and roll with the punches!