

**Post Match Reporting  
2018-2020 Match Cohort Data**

**Specialty: Dermatology  
Number of Survey Respondents = 11  
2018(46%), 2019(36%), 2020(18%)**

<u>Match year</u>	<u>Match cohort</u>	<u>% total cohort</u>
2018	7	4.73 %
2019	4	2.50 %
2020	2	1.30 %

	<u>Mean</u>	<u>St Dev</u>
<b>Step 1</b>	243.38	9.67

**At least one faculty member knew me both personally and professionally during the course of medical school.**

Strongly Agree      1  
Agree                    1

**If there was a faculty member who knew you both personally and professionally throughout medical school, please describe who that faculty member was and how they knew you.**

Specialty career advisor, research lab colleagues, medicine attendings

Dr. Amanda Twigg worked with me over the course of 4th year in her outpatient General Dermatology faculty practice, also had some general knowledge of my research and family life Ian Whitmarsh (Medical Anthropology dept): Oversaw my PhD research, spoke at length about career plans at multiple points during the past 10 years

**How many categorical programs did you apply to?**

None

**Did you apply to any advanced programs?**

Yes    2  
No     0

**How many advanced program(s) did you apply to?**

15    1  
30    1

**Which advanced program(s) did you apply to?**

Dermatology

UCSF (2+2) Northwestern (2+2) University of Michigan (2+2) UCSD (2.5+0.5) Penn (2+1) Johns Hopkins (2+2) Duke (2+2) UCLA Rush USC Cook County UC Davis UIC Utah U.Wisconsin (late)

**How many programs in your specialty (not including preliminary programs) invited you to interview?**

<= 5	3
6 – 10	7
11 – 20	1
20+	0

**How many interviews in your specialty did you accept?**

<= 5	3
6 – 10	7
11 – 20	1
20+	0

**Did you review the list of programs to which you applied with a designated Career Advisor?**

Yes	5
No	6

**Before ranking programs, did you review your rank list with a designated Career Advisor?**

Yes	8
No	3

**If not a Career Advisor, whom did you review your rank list with?**

None

**Did you enter the Couples Match through the National Resident Matching Program (NRMP)?**

Yes	0
No	11

**Did you apply to preliminary and/or transitional PGY1 programs in addition to programs in your specialty?**

Yes	11
No	0

**How many PGY1 programs invited you to interview?**

<= 5	0
6 - 10	5
11 - 20	6
> 20	0

**How many PGY1 program interviews did you accept?**

<= 5	1
6 - 10	8
12 - 20	2
> 20	0

**Estimate the total amount you spent on interview trips.**

1001 - 2000	1
2001 - 3000	1
3001 - 4000	6
5000+	3

**Were you involved in a research project in your specialty?**

Yes	10
No	1

**Did you do any away rotation(s)?**

Yes	4
No	7

**List the institution(s) and specialty for your away rotation(s).**

2 east coast programs

Boston University Dermatology

Harbor UCLA Dermatology

University of Miami Dermatology

**Do you have any publications since starting medical school?**

Yes	11
No	0

**How many publications do you have?**

<= 5	6
6 - 10	3
11 - 20	2

**Do you have any publications in the specialty you applied to since starting medical school?**

Yes	0
No	2

**How many specialty publications do you have?**

None

**Who was your most effective career advisor in field matched?  
(number of multiple mentions)**

Roberto Ricardo Gonzalez

Yoshi Arakaki (2)

Kanade Shinkai (5)

Erin Amerson (2)

I spoke with Kanade Shinkai, Ryan (Yoshi) Arakaki, and Mandy Twigg at UCSF as well as two social science dermatologist researchers outside of UCSF. I wouldn't say that any of them gave advice that altered my decisions about applying or ranking, although they were generally encouraging.

Raymond

**What were your most useful career resources?**

The Career Information page for Dermatology

Dr. Shinkai, Yoshi Arakaki, personal mentors. SDN derm can be helpful too if you read between the lines. I would avoid "the spreadsheet": There is a natural desire to try and get info on what is going on around you, but everyone has their own path in this process. I found that getting more information just made me more uneasy, it is like drinking salt water to quench your thirst.

Dean Jones!

<https://meded.ucsf.edu/advising-and-career-development/career-advisors/career-information-dermatology> This "Career Information" page has some useful information, but is also very specific and can be somewhat anxiety provoking (I followed little of the advise on the page, but found the general information about the speciality and the application process to be helpful)

Specialty residency advisors (both non confidential and confidential), current residents, research mentors, Dermatology section on the Specialty Residency Information and Advising page (on the UCSF Med Ed website)

AAD website Career choice rankings (based on preferences and personality)

UCSF dermatology career website, quizzes on AAMC website, official dermatology non confidential career advisor

**Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?**

Apply to less preliminary programs focusing only on local programs. I would have thought more carefully about my #1 program ranking be realistic if it seems you dont have a chance at a program (e.g., they told you youre not ranked to match, you didnt get a ranked to match call but your friends did). This is an important decision!

I wish I considered derm earlier. From what I can tell, mentorship is absolutely key to this process. A letter of rec from a "big name" has huge power. If you can garner support from some well known faculty, it sets you up for success.

I would not have applied to preliminary programs outside the state of California. The interviews that I received were all in California, and I received only one from outside the state.

Overall, trust the process and stress less. Make sure to check program websites for program specific requirements for personal statements, supplements, etc.

Stress less

I would have started exploring specialities much earlier in medical school and thinking about the research possibilities in each speciality. I would have chosen a specialty much earlier in medical school and avoided the tremendous stress and expense of double applying.

I would have applied to fewer programs. I added a bunch of lower tier programs at the last minute because I was nervous about not matching, but they wouldn't have been a good fit for me, and they probably knew this as well because they didn't invite me to interview!

nothing

Personalize personal statements to top programs, do away rotations, send letters of interest to top programs earlier, go over my program list with an advisor that knows me well

**If you had to do anything differently in the residency matching process, what would it be?**

Apply broadly, and stay positive. Use your mentors wisely and dont be afraid to ask them to reach out to a program for you. Peers in my class who secured interviews at top programs this way. Who you get your letters from matters! Overcome any fear you have to meet with important faculty to try to shadow them or work with them to get the letter. At any institution you interview there will be at least one interviewer who mentions that they know your mentor and were glad to see a strong letter from them. Dont beat yourself up if you dont get an interview at or match at the program you really wanted. So much of this process is out of your control so try your best. At times during interview season itll feel very confusing "why did I get an interview at X but not Y?" Honestly, who knows. Derm is very competitive and every program screens applicants differently so dont get

discouraged. You will like wonder "what if I dont match?" Its a natural question to think when applying into a competitive field. If you have several interviews and have a mentor advocate for you I think its very unlikely that you wont Match. However, in the rare chance it were to happen I saw more than a handful of applicants on the trail who took a fellowship year and then Matched. Hang in there and good luck!

Derm is competitive. You have the advantage of being from UCSF, which is a well respected school with a well respected department. However, you need to make an effort to capitalize on what is available here. Get to know people and figure out who will zealously advocate for you and who you connect with. Dermatology is a diverse set of characters and some you will click with better than others. Be mindful about finding your people. The residency application process is also a good time to reflect on what you really want out of your career. The prestigious programs typically come with a lot of additional expectations which is good or bad. Hopefully, medical school has helped you learn a bit about yourself (do you like research? do you want to be a faculty leader? Are you going to change the scope of global health?). Be sure to recognize that being "just a dermatologist" that takes exceptional care of their patients is still a laudable goal. There are a lot of supportive programs that will make you a great clinician. It is easy to get caught up in the type a mindset that derm applicants have. Why did you really go to medical school? What programs can keep you on that path?

Dermatology is competitive! Research, AOA status, third year grades, and board scores are all important. Do your best to do as well as you can during medical school.

The department at UCSF is filled with incredible and deeply invested mentors

it is invaluable to have an earnest discussion of your interests and plans and to seek personalized guidance in approaching the residency application process.

Dont stress out Get to know home derm institution Be humble and likable at interviews

My experiences as an MD/PhD applying into dermatology are quite different than the experiences of my MD colleagues, so I would be reluctant to advise anyone who is not also an MD/PhD. I applied to relatively few programs with strengths in research and in geographic areas where my family could thrive, and I only ranked a few programs that I really liked and could see myself doing well in. As an MD/PhD it is certainly possible to have a quite different application and interview experience in a competitive field like derm than it would be for a medical student, including those that have done a year or more of research during a gap year.

Speaking with students who are interested in derm, I think there's a tendency to be preoccupied with numbers (Step 1 and Step 2 scores, number of honors, number of publications, number of posters, number of extracurricular/volunteer experiences, AOA, etc.). While it's somewhat important to try to "check all the boxes", I believe it's much more important to build deep connections with 2-3 faculty, especially at a place like UCSF, where the dermatology department is very well respected across the country. Being from UCSF and having a couple mentors who will be strong advocates for you and who will be able to convince people that you're someone who would contribute to the field basically trumps anything on the "checklist". Dermatology is a small world, and someone's word that you'll be an exceptional resident and dermatologist goes a long way. And if that someone is well known or if whoever is reading your application knows that someone personally, then that alone opens doors that merely having a high Step score or having all honors would not.

Start early, join DIG, network and be genuinely interested in the specialty

I think it's important to work with a non confidential derm advisor as soon as you are sure about dermatology so that the program directors know you well