

Post Match Reporting

2018/2019 Match Cohort Data

Specialty: Urology
N= 6 (2.0% match cohort)

Item	N	% of specialty cohort	Mean	Standard Deviation
Graduation year				
2018	2	33.3%		
2019	4	66.7%		
Three digit Step 1 score			241.8	11.3
MSPE Adjective:				
Outstanding	4	66.7%		
Superior	0	0.0%		
Excellent	2	33.3%		
Very Good	0	0.0%		
Good	0	0.0%		
AOA elected	2	33.3 %		
Applied to preliminary or transitional programs:	4	66.7%		
Other specialties applied to:				
Surgery				
Number of categorical programs applied to			54.3	24.1
Honors Received:				
Anesthesia	3	50.0%		
FCM	0	0.0%		
Internal Medicine	3	50.0%		
Neurology	2	33.3%		
Obstetrics/Gynecology	5	83.3%		
Pediatrics	4	66.7%		
Psychiatry	0	0.0%		
Surgery	3	50.0%		

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2018/2019 Survey Respondent Cohort Data

Specialty: Urology

N= 5 (2.2% survey respondents)

Item	N	% of specialty cohort	Mean	Standard Deviation	Min	Max
How many programs invited you to interview?			23.4	6.1	16	31
How many interviews did you accept?			14.6	1.8	12	17
Did you review your application with a career advisor before applying?	4	80.0%				
Before ranking programs, did you review your rank list with a career advisor?	3	60.0%				
Total Spent on Interviews						
\$0-\$500	0	0.0%				
\$501-\$1000	0	0.0%				
\$1001-\$2000	0	0.0%				
\$2001-\$3000	1	20.0%				
\$3001-\$4000	2	40.0%				
>\$4000	1	20.0%				
Did you complete a Pathway project?	4	80.0%				
Did you complete a research project in the field you matched?	5	100.0%				
Did you have a publication during medical school?	4	80.0%				

The field project was in:

Quality of Life - Kidney Stone Patient, Meta-Analysis on Prostate Imaging
Urology (2)
Urologic Oncology, mHealth/eHealth, Health Disparities
Reconstructive and pediatrics

Describe any publications:

Journal of Clinical Neurology - Stroke

Two first author original research articles, Two reviews, several 1st author abstracts for podium presentations and poster presentations, and several lesser author original research articles and abstracts.

Mostly in reconstruction and pediatrics. I also took a year off to do the masters in clinical research at UCSF (MAS program)

13 full length research papers and 20 abstracts/presentations

**Who was your most effective career advisor in field matched?
(number of multiple mentions)**

Dr. Thomas Chi
Kirsten Greene (3)
Dr. Peter Carroll
Hillary Copp
Benjamin Breyer

What were your most useful career resources?

AUA Forum and UCSF faculty

Doximity, word of mouth from residents and fellow applicants

Developing relationships with attendings in urology will pay dividends throughout the process. For example, I was rejected from an away rotation, but my attending had a relationship with that institution and was able to get me a spot at that away rotation. They will also give you great career advice. Don't be shy to ask about research opportunities. - Current residents/fellows - talk to residents about programs they liked, research projects to get involved in, etc - Other applicants/medical students - use your network of current and past applicants at UCSF to get advice.

Urology match website

Dr. Kirsten Greene deserves special recognition for the lengths she goes for UCSF medical students interested in urology. She makes time to meet with every single student face to face and outlines exactly what they need to do to match. I met with her as an MS2, wrote down everything she said - step 1 > 230, do traditional clerkships and not an integrated clerkship program, honors in surgery, 3+ research papers in urology, honors in sub-i, no more than one away rotation, and basically made that my guide for the next 3 years. She helped connect me to research mentors in urology whom i worked with for years, I ran the idea of taking a year off by her for her approval and she ended up writing me a great letter of recommendation, she helped me navigate the byzantine etiquette of the match and called programs i was interested in on my behalf. At all points, she gave honest, direct and actionable feedback. I was so lucky to have her guidance, as are all students applying in urology from UCSF.

If you had to do anything differently in the residency matching process, what would it be?

Be more selective where I did away rotations. Do them at places where I really wanted to match.

Apply to fewer programs

Try to do some research earlier on in medical school. If you do urologic research, that's great, but other stuff counts too. Do something creative and a little out of the box. A project/paper that you're passionate about and that you believe will have an impact will be more impressive than a couple papers that don't have much impact. -Seek out mentors as early as possible (residents, more senior med students, attendings). These relationships will help you decide where you want to do away rotations, learn about research opportunities, and help you get strong letters of rec.

I would have applied to less programs but hindsight is 20/20, you really never know how many you will get.

Absolutely nothing

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

Talk to Dr. Greene early and use her for all the amazing resources she provides.

Get involved in research early. Taking a research year was a great experience, and a great way to find mentors within the UCSF department

Don't be afraid to do away rotations. I recommend doing two or three. Some people will say you only need to do one. However, the more away rotations you do, the more places you learn about, and the more places learn about you. I believe that I had the strongest chance of matching at the places I did sub-Is at. I developed relationships and they know who I am, which goes far if you do well on your rotation. - Sub-Is are about being prepared and knowing the next step in clinical care, more than knowing the answers to pimping questions. When you are on your sub-Is, make sure you are always giving your full attention. Never give the impression that you are tired, bored, or distracted. Always show up early. When you go on rounds, make sure you have necessary supplies to help the team, always be ready in the OR to help out with any task, and ask questions out of genuine interest and not just for the sake of asking. -Letters of recommendation are crucial for your application especially since urology is a small field and name recognition is important. Make sure to develop relationships with the UCSF chair, the program director, and the associate program director. Dr. Peter Carroll will not be chair next year, but still develop a relationship with him because he is a great mentor, and he is respected everywhere. Identify a few other people that you would want to get letters from potentially (eg- someone you are doing research with). Be open with them about your interests inside and outside of medicine.

Nothing is more important than getting to know the urology faculty on a personal basis. Their letters will help you more than anything else. Urology is an extremely small field. Research is really important in urology and I would get involved as soon as you think you may be interested in the field. Choosing an away sub-i is also really important and there is a strategy to it. I would get advice from Dr. Greene about this before you decide where to go. If you are interested, I would go to all the urology conferences you can make (i.e. grand rounds, peds dry rounds, urology case reports, etc). You have to get your face out there and show your interests.

Talk to Dr. Greene and do exactly what she says and you will be fine. Another neat tip I received is that urology is a competitive field and because of the condensed interview schedule, many interview dates overlap. Thus,

when interview invites, which are first-come first-serve, are released, the more desirable dates fill up in minutes. I got the tip to set up a separate email account for the match and downloaded an app called "if this then that" that would call me every time i got an email in the separate account. I think I was probably able to fit 4-5 additional interviews since I got the desirable dates first and didn't have to compulsively check my inbox all the time