

## Post Match Reporting

### 2018/2019 Match Cohort Data

**Specialty: Pediatrics**  
**N= 31 (10.3% match cohort)**

| Item  | N  | % of specialty cohort | Mean  | Standard Deviation |
|---|----|-----------------------|-------|--------------------|
| <b>Graduation year</b>                                  |    |                       |       |                    |
| 2018  | 15 | 48.4%                 |       |                    |
| 2019  | 16 | 51.6%                 |       |                    |
| <b>Three digit Step 1 score</b>                         |    |                       | 235.1 | 19.0               |
| <b>MSPE Adjective:</b>                                  |    |                       |       |                    |
| Outstanding   | 19 | 61.3%                 |       |                    |
| Superior  | 4  | 12.9%                 |       |                    |
| Excellent   | 8  | 25.8%                 |       |                    |
| Very Good   | 0  | 0.0%                  |       |                    |
| Good  | 0  | 0.0%                  |       |                    |
| <b>AOA elected</b>                                      | 7  | 22.6 %                |       |                    |
| <b>Applied to preliminary or transitional programs:</b> | 0  | 0.0%                  |       |                    |
| <b>Other specialties applied to:</b>                    |    |                       |       |                    |
| Internal Medicine-Pediatrics                            |    |                       |       |                    |
| <b>Number of categorical programs applied to</b>        |    |                       | 15.0  | 10.2               |
| <b>Honors Received:</b>                                 |    |                       |       |                    |
| Anesthesia  | 12 | 38.7%                 |       |                    |
| FCM   | 10 | 32.3%                 |       |                    |
| Internal Medicine                                       | 18 | 58.1%                 |       |                    |
| Neurology   | 15 | 48.4%                 |       |                    |
| Obstetrics/Gynecology                                   | 19 | 61.3%                 |       |                    |
| Pediatrics  | 20 | 64.5%                 |       |                    |
| Psychiatry  | 17 | 54.8%                 |       |                    |
| Surgery   | 18 | 58.1%                 |       |                    |

## Post Match Reporting

### 2018/2019 Survey Respondent Cohort Data

**Specialty: Pediatrics**

**N= 21 (9.2% survey respondents)**

| Item  | N  | % of specialty cohort | Mean | Standard Deviation | Min | Max |
|---|----|-----------------------|------|--------------------|-----|-----|
| How many programs invited you to interview?                                   |    |                       | 11.5 | 5.8                | 1   | 25  |
| How many interviews did you accept?   |    |                       | 9.6  | 4.4                | 1   | 22  |
| Did you review your application with a career advisor before applying?        | 17 | 81.0%                 |      |                    |     |     |
| Before ranking programs, did you review your rank list with a career advisor? | 9  | 42.9%                 |      |                    |     |     |
| <b>Total Spent on Interviews</b>  |    |                       |      |                    |     |     |
| \$0-\$500   | 3  | 14.3%                 |      |                    |     |     |
| \$501-\$1000  | 4  | 19.0%                 |      |                    |     |     |
| \$1001-\$2000   | 7  | 33.3%                 |      |                    |     |     |
| \$2001-\$3000   | 3  | 14.3%                 |      |                    |     |     |
| \$3001-\$4000   | 3  | 14.3%                 |      |                    |     |     |
| >\$4000   | 1  | 4.8%                  |      |                    |     |     |
| Did you complete a Pathway project?   | 7  | 33.3%                 |      |                    |     |     |
| Did you complete a research project in the field you matched?                 | 8  | 38.1%                 |      |                    |     |     |
| Did you have a publication during medical school?                             | 10 | 47.6%                 |      |                    |     |     |

**The field project was in:**

Pediatrics (2)  
Infant Nutrition  
Pediatric oncology  
Pediatric Hospital Medicine  
Pediatrics: prenatal stress and incidence of infant illness  
Malaria Immunology and transcriptomics  
Adolescent reproductive health

**Describe any publications:**

Article in Public Health Nutrition

1. published review article 2. submitted original research 3. published abstract 4. poster presentation  
2 poster presentations

Publications borne from my bench research during my gap years

1 case report in pediatric dermatology that was published a month after match day (submitted at the time of applications) I had a pre-med school publication that was basic science and unrelated to my field.

Peer review book chapter. Dissertation

1 co-first author publication in bioinformatics, 2 second author publications (one in immunology, one in bioinformatics), my master's thesis

**Who was your most effective career advisor in field matched?  
(number of multiple mentions)**

Sara Buckelew (2)  
Michele Long (5)  
other students  
Sabrina Fernandez  
Chris Stewart  
Michelle Hermiston  
Kevin Shannon  
Dr. Tim Kelly (7)  
Dan West (2)

**What were your most useful career resources?**

Doximity, Margo Vener's FCM email newsletter (sent via Roy Johnston) throughout the application process  
Carol Miller

CV writing session from the OCPD, sample personal statements and tips from OCPD, careers in medicine from AAMC, interview trail tips from the peds mentors, previous post-match reports.

Doximity

Peds department Q&A pre-interview season

Career advisors

Peer advising

Q&A with matched MS4's, individual advising meetings with department chairs, talking with classmates applying into pediatrics

post-match survey

My classmates - I had my classmates read over emails to program directors and Meeting with the specialty career advisors, especially Tim Kelly and Dan West

Margo Veneer's family medicine emails - really helpful because she said things like ""now is a time to start calling/emailing programs that haven't gotten back to you, here's a sample email"" and, ""now is the time when you can email your first choice program and let them know they are your first choice,"" and on Match Day she reminded in her email to thank the mentors who have helped us

Tim Kelly was the person who really helped me make my application list. I talked to Dan West, which helped confirm my list. I was interested in going back to the East Coast, so I tried to ask about those programs whenever I worked with someone who came from the east coast. Frieda was useful for getting a lay of the land

Tim Kelly, recent graduates and Peds residents who applied to programs in a similar geographic area

**If you had to do anything differently in the residency matching process, what would it be?**

Apply to less programs

I would have appreciated more knowledgeable official career advisors and I would have applied to less programs

apply more geographically broadly

I would want to connect with an advisor earlier - ours were assigned in mid-August and I would have liked to meet at least once or twice before then.

Applying to fewer programs! Could have saved some money

Apply to less programs. Prepare more for interviews.

Apply to fewer programs (though this is bogus - fear will make you apply to more than you need, and that's ok. money is lost but it felt worth it for relative peace of mind). Couples matching: Make a shared spreadsheet and keep track of everything. Send emails to your programs with your partners' info in it and their program coordinator contact info to get more same-location interviews. Don't expect to travel together at all.

More pre interview support

Discuss the process more with classmates, worry less about timing of interviews (early vs late in season doesn't seem to matter)

Talk to residents and fellows more about their experiences with the institutions I was interviewing with

I'm one of the few people who should have applied more broadly. I wanted to stay on the west coast and I applied broadly to the competitive midwest and east coast programs (Cincinnati, CHOP, MassGen) and none of them interviewed me, but I think instead I should have applied to more, less heard of, programs on the west coast. For example I forgot about the Kaiser's and probably should have applied to them. Also I accidentally sent my personal statement with the OHSU "why you think OHSU would be a good fit for you" addendum to Mass Gen instead of OHSU, and only realized like 5 days after I submitted my application. I emailed both programs and reassigned the correct personal statements, and I got an interview from OHSU but not Mass Gen or the children's Boston, or CHOP, or Cincinnati so hard to know if it mattered.

Seek out more advisors not involved in intern selection process for Ucsf

Knowing what I know now (I had a pretty strong preference for large-ish, stand-alone children's hospitals that do a lot of research), I would have applied to many fewer programs. However, I didn't know I had that preference until I was half way through interview season, so couldn't have changed much up front. I went on a lot of interviews, which was expensive and exhausting, but I think I needed most of them to figure out what I wanted.

I would try to schedule a second look at my top 1-2 choices.

Go to resident happy hours- don't feel like I met a ton of residents.

**Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?**

Talk with classmates who are also applying! A lot of information is learned by word-of-mouth.

I would say the most stressful time for me was waiting for interview invites after submitting ERAS, and don't freak out if other people get invites before you! They all sort of flood in after a while and don't get in your head if you have only a couple and someone else has a bunch—they will come. Pediatrics interviews are very fun and quite relaxed, although programs and interviewers definitely differ in their interview styles, and some can be a bit more formal.

Plan out when you will do interviews in advance where possible so it is easier to stack them. Sometimes this won't be possible, though (some programs give you a list of like 3-4 dates and that's it). Pediatrics is a fun field to apply in! People were universally quite nice and friendly. Interviews felt more like meet 'n greets

I am in EPAC

Advocate for yourself. If you don't receive an interview from a program you are interested in reach out to that program to express interest. I did this for 4 programs that are in locations not typically applied to by UCSF peds students (i.e. Michigan) and ended up getting invites from all 4 programs I reached out to.

Don't worry

Pre interview support and more information about different programs. Honest advising about likely match positions

Discuss how many programs to apply to with the specialty advisors- I was initially surprised by how low the number was, but it gave me the reassurance to apply regionally and only to programs I truly wanted to train at. Come up with a list of things that matter to you in a program that you can look back on when ranking, as

programs can start blurring together. The confidential career advisors are helpful for discussing rank lists, though different advisors seem to have different levels of conservativeness when setting expectations.

Get on Margo Veneer's email list, it was helpful for people who aren't applying into family medicine. A classmate and I met for coffee and practiced our interview responses with each other and gave each other feedback. It was helpful mostly just to practice getting our story down and literally saying the words that we should have prepared for the most common questions e.g. why are you going into peds, tell me about a challenging patient, tell me about some other challenge, etc. I wanted to ask for UCSF's help advocating to programs but we lost Tim Kelly and I wasn't sure how to email Dan West, who was away at a conference at the time and also the head of the pediatrics department without lowering my chances at UCSF. So I met with Michelle Long who helped me draft the following email: I have an important and timely question that normally I would ask Tim Kelly, but I understand he is out. Are you the person who can answer it?" I have scheduled residency interviews at a few wonderful programs (UCSF, OHSU, CHO, UC Davis, Stanford, UCLA). There a few programs I have not heard from which are important to me (CHOP, UCSD). And I have been declined an interview at one place that is also important to me (Seattle Children's). I have heard from a few friends that the pediatrics department will sometimes advocate on applicants' behalf to help student get interviews at places that are important to them. What is our department's policy on advocating for students?

I was not sure who to email because I love UCSF and I would love to stay here, but I understand that due to the nature of the residency application and the match I should take an active role in this process. "" - Dan West responded that day saying ""We are always happy to help advocate. Could you make a list with contact email address and I will be happy to contact them on your behalf."" and I sent him a list of 3 programs. I also called the programs asking them simply if they had already filled all their interview slots and expressing my interest. UCSD took down my name when I called and then a few days later I got an email from interview broker I think on October 28th and at that point the ONLY interview open was October 31st. So if I had waited an extra day I wouldn't have been able to go because the program doesn't let you book later than like 3 business days ahead. So the moral is contact programs in the first half of October and ask for help BY mid October. One person who was couples matching whenever his partner got an interview somewhere he emailed that place saying that his partner was interviewing there and he had also applied and he got interviews that way too. (He was applying in the more competitive field, his partner was applying in the less competitive field).

Send a quick thank you email or thank you card to your letter writers and anyone else who expressed support and interest in your career! I've had many a time when the person I thanked said that my sincere thank you made their whole day.

We need more advisors who are not directly involved in Ucsf selection to have candid and trusted conversations.

If you are looking to leave CA, it's helpful to reach out to people on the east coast /find faculty from the east coast to talk about programs with. I didn't feel like being transparent that I was considering east coast programs (but might want to stay at UCSF) hurt me at all with advising/applying - I'm happy I was open about what I was thinking with Dan West and Tim Kelly. It was really helpful to talk to people who had just went through the process about the little details (e.g. how to ask for a letter, where to buy a suit etc).

I found it very helpful to have some flexible time (during a research rotation) in August to meet with career advisors and each of my letter writers in person. This takes some planning because it was helpful to provide a draft of my personal statement in advance especially to each letter writer.