Post Match Reporting

2018/2019 Match Cohort Data

Specialty: Orthopaedic Surgery
N= 10 (3.3% match cohort)

Item	N	% of specialty cohort	Mean	Standard Deviation
Graduation year				
2018	5	50.0%		
2019	5	50.0%		
Three digit Step 1 score			244.2	10.6
MSPE Adjective:				
Outstanding	5	50.0%		
Superior	2	20.0%		
Excellent	3	30.0%		
Very Good	0	0.0%		
Good	0	0.0%		
AOA elected	0	0.0 %		
Applied to preliminary or transitional programs:	1	10.0%		
Other specialties applied to:				
Surgery				
Number of categorical programs applied to			89.6	34.1
Honors Received:				
Anesthesia	3	30.0%		
FCM	3	30.0%		
Internal Medicine	4	40.0%		
Neurology	4	40.0%		
Obstetrics/Gynecology	6	60.0%		
Pediatrics	5	50.0%		
Psychiatry	5	50.0%		
Surgery	8	80.0%		

Post Match Reporting

2018/2019 Survey Respondent Cohort Data

Specialty: Orthopaedic Surgery
N= 7 (3.1% survey respondents)

Item	N	% of specialty cohort	Mean	Standard Deviation	Min	Max
How many programs invited you to interview?			9.3	4.3	4	16
How many interviews did you accept?			8.0	3.1	4	12
Did you review your application with a career advisor before applying?	4	57.1%				
Before ranking programs, did you review your rank list with a career advisor?	4	57.1%				
Total Spent on Interviews $0-$500 $501-$1000 $1001-$2000 $2001-$3000 $3001-$4000 >$4000	 0 1 2 1 2 1	 0.0% 14.3% 28.6% 14.3% 28.6% 14.3%				
Did you complete a Pathway project?	4	57.1%				
Did you complete a research project in the field you matched?	7	100.0%				
Did you have a publication during medical school?	7	100.0%				

The field project was in:

ortho spine
peds ortho
orthopedic trauma (2)
Orthopaedic Surgery
basic science, muscle regeneration
Ortho
Health disparties/outcomes/infections

Describe any publications:

9 manuscripts (6 first author) 8 posters/abstracts

Basic genomics, translational genomics

un-related masters thesis research on infectious disease ecology

1 first author basic science paper; 1 co-first author basic science paper; 1 first author basic science book chapter; 1 third author clinical research paper

Healthcare disparities in orthopaedics

Clinical outcomes after total joint arthroplasty in substance abuse patients Sensitivity and specificity of History, physical exam, and imaging on cartilage damage in discoid meniscus patients

Who was your most effective career advisor in field matched?
(number of multiple mentions)

Brian Feeley (2)
Nicole Schroeder (2)
Derek Ward (2)
Mohammad Diab (2)
Ben Ma
Pandya
Toogood

What were your most useful career resources?

Talking to residents/ms4s about subis and study resources and interviews

UCSF OCPD

Crowdsourced applicant spreadsheet

If you had to do anything differently in the residency matching process, what would it be?

Be careful about which program you tell you will rank as number one. Some programs reorder applicants based off what you tell them. Programs talk with each other

Do more than 2 away rotations

apply to less programs

Research/apply to aways earlier and do only 2 instead of 3.

I would have done more away rotations, even if they were late in the season. These turned out to be the best way to get to know an institution and also help get interviews especially when applying into a very competitive field with a sub-par Step 1 score.

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

Ortho is competitive. Talk with an advisor or resident to understand where you stand and your likelihood of matching.

As a competitive field, most students over-apply into orthopedics and programs are inundated with applications. They often end up using numbers to screen applications. Step 1 is unfortunately quite important for getting programs to interview you. As UCSF doesn't teach to the test, it's important to start studying on your own for the exam (not sure how this changes with the new Bridges curriculum). If you do mediocre on Step 1, do lots of away rotations at institutions that you can imagine yourself at (even if late in the year--some people even do rotations in November). This is by far the most important part of this process--these aways allow you to get to know an institution well and also help you get interviews at places that might screen your application out based on your numbers alone. As a woman applying into orthopedics, it was important for me to also find programs where I thought women thrived, something that was not always apparent unless actually rotating there for a month. I would also recommend finding a mentor early who can help you along this process--my mentors were so important to me and I believe their advocacy for me is a major reason I matched.

Step 1 is important, can close a lot of doors if you don't do as well. UCSF does not emphasize this enough, so study early and hard to put yourself in the best situation possible. Do your aways where you want to end up, as chances are you will match somewhere you rotated. Start research projects early. You do not have to have a ton or something spectacular - more important to have a couple projects that you are passionate about and can talk about in detail. If you are interested, contact/stay in touch with OSIG for events for students, where you can get tips, ask questions, etc.