

Post Match Reporting

2018/2019 Match Cohort Data

Specialty: Neurology
N= 12 (4.0% match cohort)

Item	N	% of specialty cohort	Mean	Standard Deviation
Graduation year				
2018	5	41.7%		
2019	7	58.3%		
Three digit Step 1 score			231.3	22.2
MSPE Adjective:				
Outstanding	3	25.0%		
Superior	3	25.0%		
Excellent	6	50.0%		
Very Good	0	0.0%		
Good	0	0.0%		
AOA elected	2	16.7 %		
Applied to preliminary or transitional programs:	12	100.0%		
Other specialties applied to:				
Internal Medicine				
Emergency Medicine				
Number of categorical programs applied to			11.2	7.3
Honors Received:				
Anesthesia	6	50.0%		
FCM	3	25.0%		
Internal Medicine	2	16.7%		
Neurology	7	58.3%		
Obstetrics/Gynecology	4	33.3%		
Pediatrics	5	41.7%		
Psychiatry	4	33.3%		
Surgery	2	16.7%		

Post Match Reporting

2018/2019 Survey Respondent Cohort Data

Specialty: Neurology
N= 7 (3.1% survey respondents)

Item	N	% of specialty cohort	Mean	Standard Deviation	Min	Max
How many programs invited you to interview?			12.4	2.5	8	15
How many interviews did you accept?			9.3	1.1	8	11
Did you review your application with a career advisor before applying?	7	100.0%				
Before ranking programs, did you review your rank list with a career advisor?	5	71.4%				
Total Spent on Interviews						
\$0-\$500	0	0.0%				
\$501-\$1000	0	0.0%				
\$1001-\$2000	1	14.3%				
\$2001-\$3000	4	57.1%				
\$3001-\$4000	1	14.3%				
>\$4000	1	14.3%				
Did you complete a Pathway project?	5	71.4%				
Did you complete a research project in the field you matched?	5	71.4%				
Did you have a publication during medical school?	2	28.6%				

The field project was in:

occupational/environmental medicine
Synaptic Physiology
Neurology, Global Health
Neurology
Neurology and Emergency Medicine

Describe any publications:

first author meta analysis sleep apnea and exposure to organic solvents middle author stats consultant for virology/cancer project middle author stats consultant for different aspect of above virology project

Neuron and eLife publications investigating the biophysics of vesicular glutamate transport.

**Who was your most effective career advisor in field matched?
(number of multiple mentions)**

Megan Richie (4)
Vanja Douglas (3)
Cathy Lomen-Hoerth

What were your most useful career resources?

Doximity Different advisors - Vineeta Singh, Alexandra Brown, Max Greene

OCPD office - interview preparation

FRIEDA, post-match survey from Neurology applicants, friends

Vanja is not only incredibly helpful, but incredibly supportive as well. The current UCSF neurology residents are also very insightful and provided residency guidance during my sub-internship.

Doximity; Frieda

I talked to multiple different people in my speciality to gain insight into program reputations and how to strengthen my application. Vanja Douglas as the confidential advisor was a great resource for my application, and I used Dr. Lomen-Hoerth throughout the process since she was my college advisory mentor.

If you had to do anything differently in the residency matching process, what would it be?

I would've met with neuro advisor earlier/as soon as I knew I'd apply to neurology I probably over interviewed for neurology programs and was advised to interview at most 8 programs (I did 10). With prelims, it was a lot and I travelled extensively as I am from the east coast and applied to a lot of programs there. The whole process was pretty draining by the end. I did not honor IM sub internship and I think it made it difficult to get prelim interviews which were exceedingly competitive to obtain this year. I initially applied to ~30 programs and expanded to ~50 prelim apps as I just didn't have that many interviews. While I met my goal (8) and wasn't too nervous about matching for prelim it was a bit stressful.

Nothing.

Most of the things I would do differently pertain to my prelim applications. It is so easy to apply to too many programs and/or the incorrect programs. 1) Before submitting applications, apply to favorable prelim programs in the Bay. Then, look at the resident profile pages for advanced programs you are applying to, and definitely apply to places that 1+ of the residents attended. 2) Do NOT submit applications more than 15 days after the deadline. The programs are so competitive that this will only cost you money, not result in more interviews.

I would think more in depth about my ultimate career goals so that I could articulate that more clearly during interviews and how each program could address those goals. I would also try to schedule my flights better - I crammed my interviews all together, which meant in some cases I was arriving to the hotel at 2am before needing to be at the interview at 7am. It was incredibly tough to schedule interviews in the same cities at the same time - if you can do this, do it! I went to LA three different times.

read more about the programs online before adding them to my list.

I would have perhaps accepted fewer preliminary interviews at the beginning of the season since I became very exhausted from traveling. It was wise to do research during interview season to save vacation time for later. By the end, however, I still had completed 3 trips to the East Coast, which was draining both financially and physically.

I would have completed my medicine sub-i before the fall. I think it would have helped a bit for both Neuro and prelims.

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

please dont hesitate to contact me and I would be happy to talk over the phone. Neurology is not a super stressful field to apply into and there a lot of incredible programs out there. I would try to identify a few advisers/faculty you really work well with and use them to expand your knowledge and understanding of how the field works and where the good programs are.

Neurology is an awesome field filled with attendings who are in general chill. Neurology residency interviews are low-key. Honor Medicine and Neurology. If you have research experience, highlight them in your interviews. Neurologists love research (but obviously not a prerequisite to do Neurology)!

It is important to learn the strength of the programs, it's also important to be at a place that will support your specific goals. Look at outpatient versus inpatient exposure, find potential research areas of interest. I am not a researcher, but undoubtedly in neurology you will be asked about research interests so think about what questions are important to you in the field.

don't go on more than 7 or so prelim interviews. ask about call schedules on interview days

If you are able to discover your interest in Neurology early, it is a good idea to get involved in a research project and find mentors who will help you with your application. UCSF is very well-connected in this field, so use it to your advantage!