

Post Match Reporting

2018/2019 Match Cohort Data

Specialty: Internal Medicine-Pediatrics
N= 4 (1.3% match cohort)

Item	N	% of specialty cohort	Mean	Standard Deviation
Graduation year				
2018	3	75.0%		
2019	1	25.0%		
Three digit Step 1 score			233.8	5.9
MSPE Adjective:				
Outstanding	1	25.0%		
Superior	1	25.0%		
Excellent	2	50.0%		
Very Good	0	0.0%		
Good	0	0.0%		
AOA elected	1	25.0 %		
Applied to preliminary or transitional programs:	0	0.0%		
Other specialties applied to:				
Internal Medicine				
Pediatrics				
Number of categorical programs applied to			26.3	10.4
Honors Received:				
Anesthesia	2	50.0%		
FCM	2	50.0%		
Internal Medicine	2	50.0%		
Neurology	1	25.0%		
Obstetrics/Gynecology	0	0.0%		
Pediatrics	1	25.0%		
Psychiatry	1	25.0%		
Surgery	2	50.0%		

Post Match Reporting

2018/2019 Survey Respondent Cohort Data

Specialty: Internal Medicine-Pediatrics

N= 4 (1.8% survey respondents)

Item	N	% of specialty cohort	Mean	Standard Deviation	Min	Max
How many programs invited you to interview?			12.5	8.2	5	21
How many interviews did you accept?			10.0	5.9	4	16
Did you review your application with a career advisor before applying?	1	25.0%				
Before ranking programs, did you review your rank list with a career advisor?	1	25.0%				
Total Spent on Interviews						
\$0-\$500	0	0.0%				
\$501-\$1000	2	50.0%				
\$1001-\$2000	1	25.0%				
\$2001-\$3000	1	25.0%				
\$3001-\$4000	0	0.0%				
>\$4000	0	0.0%				
Did you complete a Pathway project?	1	25.0%				
Did you complete a research project in the field you matched?	3	75.0%				
Did you have a publication during medical school?	3	75.0%				

The field project was in:

Internal Medicine
Health Policy/Family Medicine

Describe any publications:

2nd author from research project between 1st and 2nd year: Characterizing microscopic and submicroscopic malaria parasitaemia at three sites with varied transmission intensity in Uganda. Malaria Journal. 15:470. 2016 Sep 15. PMID: 27628178. In-press.

A meta-data analysis reviewing the differential for chest pain presenting to the ED.

Had one publication from my first year RAPtr project related to health policy/statistics and childhood development. During my fourth year I took 5 months for research and had 3 additional publications in various stages during the residency interview process (all health policy related, specifically on obesity policy, social determinants of health, Health IT, and early childhood development). I would not recommend 3 simultaneous projects, but it was doable because I had a lot of prior experience!

**Who was your most effective career advisor in field matched?
(number of multiple mentions)**

Sneha Daya
Heather Nye
Archana Eniasivam
Tim Kelly
Gurpreet Dhaliwal
Med-Peds advisors at other schools

What were your most useful career resources?

UCSF alumni at various programs I was applying to Med Peds faculty here at UCSF that I met during my rotations

I felt that for my specialty Med/Peds, I had to piece together advice from several different sources and physicians. I wish there was a designated advisor that would explain what is coming next and strategies. I did like the two named advisors above because they were available to answer questions and calm anxiety I had. However, it'd be helpful to look ahead and even have official meetings the look ahead.

Since UCSF's Med-Peds advising is pretty minimal, I put a lot of effort into building my own advising network--if you are at all considering applying in Med-Peds, please reach out to alumni and we will connect you to these people!! I dual applied in internal medicine, and Goop was an amazing help with things like essay revisions, editing emails I sent to programs, general strategy, contacting programs, and rank list. But there were some limitations to his knowledge of Med-Peds, and some things are definitely different than IM (e.g. timing of when to reach out to programs, program reputations). Early on, I was connected with the Med-Peds advisor at another school, who knew all of the technical details of Med-Peds applications, programs, etc and was a huge help throughout the process. She was super generous with her time and is willing to advise future UCSF students, so please reach out to alums to get connected!! I also talked with my fellow UCSF Med-Peds applicants, recent UCSF alums who went into Med-Peds, residents at Med-Peds programs, and current UCSF fellows and faculty that did Med-Peds, and found these conversations incredibly helpful, especially when it came time to rank programs. Brad Monash was helpful in connecting me to these people at UCSF, as he maintains a list and knows who went to which residency programs.

If you had to do anything differently in the residency matching process, what would it be?

Interview at less categorical IM programs

Mock interviews or Med/Peds-specific advice on east vs. west coast interviews, or talk to people specifically about that. Earlier advising for dual-applying. Better connection to the separate Internal Medicine and Pediatrics advising. I wish someone had reached out or talked to me from both Med and Peds at UCSF. I may have chosen different to dual apply to Medicine instead of Pediatrics if I had talked to Medicine folks earlier.

Honestly, a lot of it came down to the interviews. I ended up getting most of the interviews I wanted, but having a few where the interviewer seemed to be looking for something more than what I was answering. I would go back and spend more time preparing answers with advisors.

A recent alum suggested I interview at the top Med-Peds programs even if I was hoping to only stay west coast, just to get an idea for comparison. I decided not to, since there was no way I was going to move, but if there had been even a remote possibility of moving, it would have been a good idea because I ultimately felt I made my decision with somewhat incomplete information. I also would have listened/trusted my advisors more (and the internet less) when they assessed my competitiveness as an applicant--although my step scores were a bit low and I did not honor Pediatrics, I had a lot of unique experiences and coming from UCSF was also important. I don't think it would have changed the outcome, but may have affected the way I thought about the different options and the way I did my rank list.

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

Med-Peds can be challenging to apply into if you don't know much about it- mostly because it's hard to know what that career looks like without having a residency program here. If you are at all interested, reach out to the Med-Peds interest group so that you can get in touch with Med-Peds trained UCSF faculty. They are a special group of physicians and are willing to talk about the field in addition to giving you the inside scoop on the program they trained at. Most of them trained on the East Coast where there is a higher concentration of Med-Peds programs. If you're interested in staying on the West Coast, reach out to recent grads. The majority of the UCSF grads over the past 4 years have matched into UCSD, UCLA and USC which are 3 of 4 programs in California. As you put together your application, keep in mind that you will need a sub-i in each (IM and peds) with department letters for both. Away rotations are not really necessary as we are fortunate to have strong categorical programs here at UCSF. I would say research is also not entirely necessary to match into Med-Peds but can see how it would help for more competitive programs (i.e. Harvard MGH, UCLA). Extracurricular projects/activities are definitely a plus, but those things come naturally to UCSF med students :) I hope you really consider applying to Med-Peds!!

Med/Peds is an excellent specialty with a lot of opportunities ahead. There are many Med/Peds faculty at UCSF that are friendly and happy to talk about their institutions. I encourage you to be very open about location to at least see the variety of Med/Peds programs around the country; you may be surprised at how different they are and even if you don't go to that institution, it may inform that type of career you hope to have.

I think Med-Peds is a great option, and am incredibly excited with the program I ended up in. It is definitely less common at UCSF (and I have done a lot of research with family medicine mentors who don't understand this decision), but it felt right to me, and I was fortunate to find a very supportive group of Med-Peds mentors who were excited to have me join their small community, and helped me trust and listen to my gut instinct. If you're considering Med-Peds, seek out this community! Dual applying is extremely common and I would really recommend it if you have geographic or academic reasons for wanting to be in a particular place (in fact, at the

program I matched, I also interviewed at their IM and IM-primary care programs, and was upfront about this. I did NOT tell UCSF IM programs however, that I was applying Med-Peds). Finally, if you are hoping to stay West Coast, you should know upfront that you are going to be facing some limited, tough choices, and may not be able to find your "perfect fit" that other specialties talk about. By talking to UCSF alums and faculty, I learned I wasn't alone in this situation, and was able to hear from different perspectives (those who gave up Med-Peds to stay at UCSF, and those who made the difficult decision to leave). I realized this early on, but didn't fully feel it until after match. I am really happy with the outcome, but be prepared to face some trade-offs.