

## Post Match Reporting

### 2018/2019 Match Cohort Data

**Specialty: Dermatology**  
**N= 11 (3.7% match cohort)**

| Item  | N  | % of specialty cohort | Mean  | Standard Deviation |
|---|----|-----------------------|-------|--------------------|
| <b>Graduation year</b>                                  |    |                       |       |                    |
| 2018  | 7  | 63.6%                 |       |                    |
| 2019  | 4  | 36.4%                 |       |                    |
| <b>Three digit Step 1 score</b>                         |    |                       | 243.5 | 9.0                |
| <b>MSPE Adjective:</b>                                  |    |                       |       |                    |
| Outstanding   | 8  | 72.7%                 |       |                    |
| Superior  | 1  | 9.1%                  |       |                    |
| Excellent   | 2  | 18.2%                 |       |                    |
| Very Good   | 0  | 0.0%                  |       |                    |
| Good  | 0  | 0.0%                  |       |                    |
| <b>AOA elected</b>                                      | 2  | 18.2 %                |       |                    |
| <b>Applied to preliminary or transitional programs:</b> | 11 | 100.0%                |       |                    |
| <b>Other specialties applied to:</b>                    |    |                       |       |                    |
| Internal Medicine                                       |    |                       |       |                    |
| Pediatrics  |    |                       |       |                    |
| <b>Number of categorical programs applied to</b>        |    |                       | 6.3   | 7.2                |
| <b>Honors Received:</b>                                 |    |                       |       |                    |
| Anesthesia  | 7  | 63.6%                 |       |                    |
| FCM   | 8  | 72.7%                 |       |                    |
| Internal Medicine                                       | 7  | 63.6%                 |       |                    |
| Neurology   | 5  | 45.5%                 |       |                    |
| Obstetrics/Gynecology                                   | 8  | 72.7%                 |       |                    |
| Pediatrics  | 7  | 63.6%                 |       |                    |
| Psychiatry  | 5  | 45.5%                 |       |                    |
| Surgery   | 5  | 45.5%                 |       |                    |

## Post Match Reporting

### 2018/2019 Survey Respondent Cohort Data

**Specialty: Dermatology**  
**N= 9 (3.9% survey respondents)**

| Item  | N | % of specialty cohort | Mean | Standard Deviation | Min | Max |
|---|---|-----------------------|------|--------------------|-----|-----|
| How many programs invited you to interview?                                   |   |                       | 7.2  | 3.1                | 3   | 14  |
| How many interviews did you accept?   |   |                       | 6.3  | 2.5                | 3   | 12  |
| Did you review your application with a career advisor before applying?        | 4 | 44.4%                 |      |                    |     |     |
| Before ranking programs, did you review your rank list with a career advisor? | 7 | 77.8%                 |      |                    |     |     |
| <b>Total Spent on Interviews</b>  |   |                       |      |                    |     |     |
| \$0-\$500   | 0 | 0.0%                  |      |                    |     |     |
| \$501-\$1000  | 0 | 0.0%                  |      |                    |     |     |
| \$1001-\$2000   | 1 | 11.1%                 |      |                    |     |     |
| \$2001-\$3000   | 1 | 11.1%                 |      |                    |     |     |
| \$3001-\$4000   | 4 | 44.4%                 |      |                    |     |     |
| >\$4000   | 2 | 22.2%                 |      |                    |     |     |
| Did you complete a Pathway project?   | 4 | 44.4%                 |      |                    |     |     |
| Did you complete a research project in the field you matched?                 | 9 | 100.0%                |      |                    |     |     |
| Did you have a publication during medical school?                             | 9 | 100.0%                |      |                    |     |     |

**The field project was in:**

Dermatology-- Case reports, original studies, continuing medical education  
Dermatology (6)  
HIV-Derm

**Describe any publications:**

Case reports-- 3 total Articles regarding continuing medical educations Original Study

2 first author, top and mid-tier journals

A myriad of specialties - included 3 basic science, and ~16 cohort papers. No case studies and nothing in derm at the time of application. Would highly recommend getting something in-press/out in a dermatology journal before submitting ERAS.

Dermatology

Case report; Letter to editor

Skin cancer in organ transplant recipients.

Dermatology; Infectious disease and genetics

**Who was your most effective career advisor in field matched?  
(number of multiple mentions)**

Kanade Shinkai (4)  
Erin Amerson  
Yoshi Arakaki  
Roberto Ricardo-Gonzalez  
Dr. Raymond

**What were your most useful career resources?**

UCSF dermatology career website, quizzes on AAMC website, official dermatology non-confidential career advisor

Dr. Shinkai, Yoshi Arakaki, personal mentors. SDN derm can be helpful too if you read between the lines. I would avoid "the spreadsheet": There is a natural desire to try and get info on what is going on around you, but everyone has their own path in this process. I found that getting more information just made me more uneasy, it is like drinking salt water to quench your thirst.

The Career Information page for Dermatology

Dean Jones!

AAD website; Career choice rankings (based on preferences and personality)

**If you had to do anything differently in the residency matching process, what would it be?**

Personalize personal statements to top programs, do away rotations, send letters of interest to top programs earlier, go over my program list with an advisor that knows me well

I wish I considered derm earlier. From what I can tell, mentorship is absolutely key to this process. A letter of rec from a "big name" has huge power. If you can garner support from some well-known faculty, it sets you up for success.

Overall, trust the process and stress less. Make sure to check program websites for program-specific requirements for personal statements, supplements, etc.

Apply to less preliminary programs focusing only on local programs. I would have thought more carefully about my #1 program ranking - be realistic if it seems you don't have a chance at a program (e.g., they told you you're not ranked to match, you didn't get a ranked to match call but your friends did). This is an important decision!

Stress less

I would not have applied to preliminary programs outside the state of California. The interviews that I received were all in California, and I received only one from outside the state.

**Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?**

I think it's important to work with a non-confidential derm advisor as soon as you are sure about dermatology so that the program directors know you well

Derm is competitive. You have the advantage of being from UCSF, which is a well-respected school with a well-respected department. However, you need to make an effort to capitalize on what is available here. Get to know people and figure out who will zealously advocate for you and who you connect with. Dermatology is a diverse set of characters and some you will click with better than others. Be mindful about finding your people. The residency application process is also a good time to reflect on what you really want out of your career. The prestigious programs typically come with a lot of additional expectations - which is good or bad. Hopefully, medical school has helped you learn a bit about yourself (do you like research? do you want to be a faculty leader? Are you going to change the scope of global health?). Be sure to recognize that being "just a dermatologist" that takes exceptional care of their patients is still a laudable goal. There are a lot of supportive programs that will make you a great clinician. It is easy to get caught up in the type-a mindset that derm applicants have. Why did you really go to medical school? What programs can keep you on that path?

The department at UCSF is filled with incredible and deeply invested mentors; it is invaluable to have an earnest discussion of your interests and plans and to seek personalized guidance in approaching the residency application process.

Apply broadly, and stay positive. Use your mentors wisely and don't be afraid to ask them to reach out to a program for you. Peers in my class who secured interviews at top programs this way. Who you get your letters from matters! Overcome any fear you have to meet with important faculty to try to shadow them or work with them to get the letter. At any institution you interview there will be at least one interviewer who mentions that they know your mentor and were glad to see a strong letter from them. Don't beat yourself up if you don't get an interview at or match at the program you really wanted. So much of this process is out of your control so try your best. At times during interview season it'll feel very confusing - "why did I get an interview at X but not Y?" Honestly, who knows. Derm is very competitive and every program screens applicants differently so don't get discouraged. You will like wonder "what if I don't match?" It's a natural question to think when applying into a competitive field. If you have several interviews and have a mentor advocate for you I think it's very

unlikely that you won't Match. However, in the rare chance it were to happen I saw more than a handful of applicants on the trail who took a fellowship year and then Matched. Hang in there and good luck!

Don't stress out. Get to know home derm institution. Be humble and likable at interviews

Dermatology is competitive! Research, AOA status, third year grades, and board scores are all important. Do your best to do as well as you can during medical school.

Start early, join DIG, network and be genuinely interested in the specialty