

**Post Match Reporting  
2020-2022 Match Cohort Data**

**Specialty: Pediatrics  
Number of Survey Respondents = 23  
2020(35%), 2021(30%), 2022(35%)**

<u>Match year</u>	<u>Match cohort</u>	<u>% total cohort</u>
2020	10	6.5%
2021	10	5.9%
2022	11	7.7%

	<u>Mean</u>	<u>St Dev</u>
<b>Step 1</b>	232.26	17.27

**Post Match Survey Responses**

**Did you review the list of programs to which you applied with a Specialty Advisor?**

Yes 15  
No 8

**Before ranking programs, did you review your rank list with a Specialty Advisor?**

Yes 9  
No 14

**If not a Specialty Advisor, with whom did you review your rank list?**

Faculty 7  
Family 7  
No one 1  
Outside mentor(s) 2  
Partner/Spouse 5  
Residents/Fellows 3  
Specialty Advisor 1

**Other: Please describe**

Co med-students  
I was in EPAC  
No rank list, did EPAC

**Were you advised to do an away rotation by a specialty advisor?**

Yes 0  
No 15

**Who was your most effective career advisor for your specialty? (number of multiple mentions)**

Dr. Michele Long	11
Dr. Sabrina Fernandez	5
Sarah Buckelew	2
Patrick Newman	2
Maggie Gilbreth	
Anna	

Honestly all of the Peds advisors are great.

Michele Long - she truly cares and will spend the time necessary to answer your questions. She always goes above and beyond. I also talked to Akash Patel in peds cardiology who is a mentor and called Dan West who is now at CHOP.

**If you were to do anything differently in the residency application process, what would that be?**

Fewer applications/interviews

Take better notes during/after interviews. Interview at fewer places.

I would have tried to have November, December, and January all off to accept and do interviews. I was doing a medicine sub-I during November, and had to ask family to help me accept interviews. There were no issues, but it would've been better if I were free in November to do more interviews and accept interview invites.

Speaking with close friends and family more throughout the process so they could honestly reflect back to me how I had felt about each program when things get murky at the end.

I would have written down 3 words that described each program (or how I felt about the program) after my interview day.

Pay less attention to small details about programs that aren't part of my core values for a training program. Writing them down didn't matter in the end when I made my rankings.

The process were very thoughtfully designed and I felt fully supported throughout the process.

N/a. I was in EPAC

Not stress about scores so much. The application process is so much more than that.

take care of myself and realize that it is a broken system that doesn't define me or my achievements

Attend fewer interviews (closer to 10-12)

More time preparing for each interview (talking to someone at the program prior, coming up with program-specific questions/reasons I was interested in that particular program). The time I spent preparing for programs definitely waned as I became more fatigued later in the interview process. Also would have used the NRMP app to rank programs starting at my first interview (rather than halfway through which is when I discovered it)

I applied to EPAC at the beginning of MS2 year and was accepted, so my process was completely different. I have loved being in EPAC and wouldn't change anything about it!

Apply for peds and IM too

I would have applied for a travel credit card in order to gain points or airline miles for all of the traveling that I did. I also would have written more thank you notes to the residency program coordinators and directors, as this was a nice way to reflect on each program and show gratitude to those who put so much work into creating positive interview day experiences.

I would not speak with as many people about my choices. I also would have applied more broadly.

**Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future**

UCSF alums at residency programs of interest are wonderful resources!

Have fun! Everyone in peds is so accommodating, nice, and helpful.

I signed up for Margo Verner's email list for periodic updates (though not pertaining to pediatrics, they were helpful to remind us of deadlines) and had good advice.

The peds community is big, kind, and supportive! Although UCSF peds faculty will be our amazing foundation for support, reach out to others too! Residents at UCSF and outside of UCSF, other med school peds faculty, mentors outside of pediatrics, and your co-applicants. Everyone will have a unique perspective to provide you along the way. Also, buy a frog light. That thing is gold for peds exams!

Rank programs as you interview because your gut decisions won't change too much as time goes on and you may forget how you initially felt.

Keep in touch with mentors/people you meet! You never know what connection will be helpful later on!

don't hesitate to reach out to those above you!! MS4s, interns, and residents have just gone thru the process and can help you avoid pitfalls

If you're applying outside of West Coast, it will be helpful to use outside resources (such as Doximity, FuturePedsRes webinars) to determine what program might be a good fit. Also Pediatrics people are wonderful and they really are preferring that you ask questions and interview them - overall much different vibes from applying to medical school. Relax as much as you can and enjoy the cool conversations you can have!

If you have the time, energy, and resources to do a second look, I found it useful. I had a good feeling about the program on my interview day, but I used the second look to shadow rounds and visit a continuity clinic. Definitely not necessary for any program, but it made me feel like I made the best informed decision I could since interview day can fly by and you sometimes only see the deans and not what the patient population looks like.

It's okay to cancel interviews.

Talk to as many people as possible in your specialty to get advice for selecting programs, interviewing & ranking. Current interns are great to talk to to get a feel for the program (and to understand reputations of the other programs as they just interviewed at many of the same programs you may have gone to).

I applied to EPAC at the beginning of MS2 year and was accepted, so my process was completely different. If you are confident about Pediatrics and staying at UCSF you should 100% apply!

Be open to all possibilities

Pediatrics is a wonderful specialty with an abundance of incredible faculty around the country - take comfort in knowing that you've already done well by choosing such a great career path! Be confident in yourself, be honest in your interviews, and most importantly: be kind to everyone you interact with on the interview trail. Good luck!

Speak with upperclass students who have already applied.