DEI Tips Sheet for the Clinical Learning Environment, Version 1.0

Developed by the AME DEI Committee based on Member Expertise @ 2019 Site-Based Meetings;

| Challenges | Strategies |
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| Inequity/imbalances in relationships w/ diverse learners | Set up 1-on-1 time to get to know team members individually (message: I care about you); Knowing learners as individuals, rather than members of stereotyped groups combats risk of unconscious bias |
| Intent vs. Impact: We make mistakes | Own your values/set the stage for discussion: DEI in intro's (DEI is important to me I wish microaggressions didn't happen, but when they do I want everyone to know that I'm here to debrief whenever that is helpful) Notice & self-critique when we fail (I wish I'd known what to say when X happened; I'm going to set this as a personal learning goal) Remember explaining intent does NOT mitigate impact of microaggressions; a sincere apology coupled with learning how to do better in the future are both needed Remember: asking for feedback from learners puts onus on learner who already has much at risk; avoid trap of expecting UIM learners to be our teachers (= diversity tax) |
| Implicit exclusionary messaging (e.g. setting up a "pedigree," unintentionally creating an in-group & out-group) | Thoughtful icebreakers Invoke learners' strengths (affirmations can mitigate the impact of microaggressions, imposter syndrome, & stereotype threat) Notice/consider who talks first & how this may unintentionally set a tone of exclusion Allow learners to define themselves/call out their own strengths—let individuals control their narrative (What are you passionate about outside of the hospital?) What are you looking forward to during this rotation? Would you share something you learned this week/on your last rotation? What are your learning goals for this rotation? How can we help one another reach those goals? |

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| Feedback: https:// | //ucsf.co1.qualtrics.co | n/jfe/form, | /SV_0TcjDx9xTGZVvWR |
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| Hidden curriculum (e.g. who/what is valued?) | Explicitly role model inclusive values; avoid medical-centric models: Use inclusive language & questions Acknowledge/Call out strengths across professional lines: We are so lucky to have a pharmacist on our team—can I ask you to share some pearls with our team this week? Interprofessional approach to inpatient checklist Foster opportunities for connection Call out strengths & contributions of interprofessional colleagues Publicly ask colleagues from other professions for input (consider how we model value & collegiality in front of learners) Remember importance of body language |
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| Implicit Bias; Attribution Bias (e.g. re: patients) | Acknowledge bias; point out value of sharing if discomfort comes up [Bravery] (<u>but</u> remember risks for students here, often least empowered team members) Mindfulness is key: Take 10 seconds to land in the teaching moment & remember your intentions around DEI (e.g., before you begin a clinical teaching session) Encourage teammates to advocate for each other (<u>but</u> be aware of risk for learners have more at risk/faculty have the most privilege/least risk; allyship from faculty is ideal) |
| Imposter syndrome | Identify & normalize this issue; discuss how it can impact learning Express vulnerability & share relatable experiences: I remember when I felt like I didn't belong; I recently felt imposter syndrome when Highlight when learners accomplish goals Encourage question-asking; model "I don't know" Create opportunities for learners to reflect on what brought them to the health professions & to acknowledge their accomplishments so far on this path |
| Stereotype threat | High expectations, warmly set → re-frame constructive feedback as based on confidence in our learners' high potential Personally reflect on our own unconscious "ideal" when evaluating learners → what identity/background/attributes are we holding learners to, is it equitable/desirable/appropriate? |

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| Inequity in differential learning opportunities | <u>All</u> learners need varied learning opportunities (be aware of tendency pigeon hole certain learners – e.g. focusing on language concordance (e.g., pairing Spanish-speaking learners with Spanish-speaking patients) can be problematic if it limits learners' clinical experiences) Ask learners 1-on-1 how they learn best (e.g. in groups, in writing, on-the-fly); be sure team members have opportunities to shine in their preferred learning method Educate teams on 'step up/step back' or 'take space/make space' models |
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| Diversity Tax | Allyship: Those with privilege (comes in many forms) need to build skills & participate, with accountability, in justice work and allyship to relieve time & stress burdens on UIM learners |



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