## Post Match Reporting 2022-2024 Match Cohort Data

### Specialty: Physical Medicine & Rehabilitation

Number of Survey Respondents = 3 2022(0%), 2023(33%), 2024(67%)

Match year	Match cohort	% total cohort
2022	0	0%
2023	1	0.6%
2024	2	1.2%
	Mean	St Dev
Step 2	249.67	8.14

### Which career resources did you use to make your career decisions?

Confidential/Specialty Advisors	3	
Near Peers	2	
AAMC Careers in Medicine Website	2	
Career Advising Website	2	
Co-Directors of Career Advising Program, Drs. Brent Kobashi and Heather Whelan		
Specialty interest group-sponsored panels and presentations 2		
UCSF Post Match Reports	1	
Bridges Coaches	1	
Office of Career and Professional Development	1	
Other publications and web-based resources	1	
Participation in in-house and extramural electives	1	
Reddit	1	
School-sponsored career planning workshops and courses	1	

#### Other: Please describe

Medical students in the years above me Pocket Mentor Podcast from Association of Academic Physiatrists

# Did you review the list of programs to which you applied with a Specialty Advisor?

Yes 2 No 1

# Before ranking programs, did you review your rank list with a Specialty Advisor?

Yes 2 No 1

### If not a Specialty Advisor, whom did you review your rank list with?

Faculty 1
Family 2
Outside mentors 1
Partner/Spouse 3
Residents/Fellows 1

Other: Please describe

Were you advised to do an away rotation by a specialty advisor?

Yes 2 No 1

Who was your most effective career advisor for your specialty? (number of multiple mentions)

Dr. Lisa Pascual 1
Dr. Bill Berrigan 1
Karina Del Rosario 1

If you were to do anything differently in the residency application process, what would that be?

Nothing. Relax more in hindsight.

Exposure to PM&R earlier in the curriculum

Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future

Don't be afraid to reach out to UCSF medical students in the years above you for information.

Exposure to PM&R earlier in the curriculum