

**Post Match Reporting**  
**2022-2024 Match Cohort Data**

**Specialty: Otolaryngology**  
**Number of Survey Respondents = 8**  
**2022(13%), 2023(63%), 2024(25%)**

<b>Match year</b>	<b>Match cohort</b>	<b>% total cohort</b>
2022	1	0.7%
2023	7	3.9%
2024	4	2.4%

	<b>Mean</b>	<b>St Dev</b>
<b>Step 2</b>	252.63	14.62

**Which career resources did you use to make your career decisions?**

Confidential/Specialty Advisors	8
Doximity	4
Bridges Coaches	4
Texas Star Dashboard	4
UCSF Post Match Reports	3
Career Advising Website	3
Other publications and web-based resources	3
Reddit	3
Specialty interest group-sponsored panels and presentations	2
Co-Directors of Career Advising Program, Drs. Brent Kobashi and Heather Whelan	2
Near Peers	2
AAMC Careers in Medicine Website	2
Participation in in-house and extramural electives	1

**Other: Please describe**

ENT specific sites: Otomatch, Headmirror      5

**Did you review the list of programs to which you applied with a Specialty Advisor?**

Yes    0  
 No    8

**Before ranking programs, did you review your rank list with a Specialty Advisor?**

Yes    0  
 No    8

**If not a Specialty Advisor, whom did you review your rank list with?**

Faculty	3
Family	5
No one	1
Partner/Spouse	3
Residents/Fellows	2

**Other: Please describe**

I didn't because it is a small field and they are on the selection committee and how confidential are they really?  
Trusted friends

**Were you advised to do an away rotation by a specialty advisor?**

Yes	6
No	2

**Who was your most effective career advisor for your specialty?  
(number of multiple mentions)**

Dr Pletcher	5
Dr Limb	1
Dr Russell	1
Dr Ha	2
Dr. Grandis	1
Heaton	1
Jolie Chang	2
William Ryan	2
Jose Gurrola	1
Patricia Loftus	1

**If you were to do anything differently in the residency application process, what would that be?**

Get started earlier on my apps and away preparations!

I would have looked into away rotation requirements earlier. A lot of them are first-come first-serve, so I would start looking at requirements early (like December-Jan)!

Trust my faculty mentor's assessments of my competitiveness

Get plugged in with residents earlier, start doing specialty-specific research earlier, start studying for step 1 earlier

Assign different LORs to some programs. Do some sub-is earlier.

Start on away rotation applications earlier. I also would have done one additional away rotation. I only did one because of logistical concerns, but looking back, I wish I would have done one more. There were a couple of schools I really wanted to interview at, but didn't get offers. An away rotation may have helped.

Pick sub-internship away rotations that differed from home site so I could see how different programs function as well as have more to speak on throughout interviews about what I am and am not looking for in a residency program

**Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future**

The application process is long. Take care of yourself. Value yourself. Prep for your away rotations starting in February i.e. look at what schools you want to attend and what the application for each is and prepare that. Continue to involve yourself with your home institutions program with your clinical experiences, research, conferences, grand Rounds. Get a good feel for what the specialty is going to be like. After submitting apps, relax before interviews. Interview season runs late November through early February and the process is constantly being improved so expect changes in your year. Ultimately be confident that you know what you want best for your future and trust your rank list.

Research and mentorship really matters! This is a small field and developing mentorship relationships really helps when applying. My research mentors reached out for me to get away rotations, interviews at places I was interested at, and to let programs I was ranking highly know that I was interested.

If OHNS is the specialty that you want to pursue more than anything, don't let other stories (especially online like otomatch) dissuade you from only applying OHNS. There is a constant dialogue about dual applying, but I think it is based mostly on scare tactics, and if OHNS is what you want to do, I think it makes sense to give it a college try.

Get plugged in with residents earlier, start doing specialty-specific research earlier, start studying for step 1 earlier

Start research within the department as early as possible with multiple mentors. Do as many away subs as possible. Don't be afraid to dual apply, especially if there is another specialty that you are interested in.

If you think you are interested in ENT at all, get started with research and meeting faculty and residents in the department early. I would also consider dual-applying if you are at all concerned about your application competitiveness.

Make sure to begin research early -- this way you can build on your interests in the coming years (via research, community outreach, leadership roles) to help create a story of who you will be as a resident/what your interests are.