# Post Match Reporting 2022-2024 Match Cohort Data

Specialty: Orthopaedic Surgery Number of Survey Respondents = 9 2022(22%), 2023(67%), 2024(11%)

Match year	Match cohort	% total cohort
2022	2	1.4%
2023	7	3.9%
2024	2	1.2%
	Mean	St Dev
Step 2	257.11	10.42

## Which career resources did you use to make your career decisions?

Confidential/Specialty Advisors		
Doximity	7	
Near Peers	6	
Bridges Coaches	5	
Reddit	5	
UCSF Post Match Reports	5	
Specialty interest group-sponsored panels and presentations 4		
Career Advising Website	4	
Texas Star Dashboard	3	
Participation in in-house and extramural electives		
School-sponsored career planning workshops and courses		
Office of Career and Professional Development		
Other publications and web-based resources	1	

#### Other: Please describe

Senior medical students, residents, and fellows

## Did you review the list of programs to which you applied with a Specialty Advisor?

Yes 3 No 6

## Before ranking programs, did you review your rank list with a Specialty Advisor?

Yes 4 No 5

### If not a Specialty Advisor, whom did you review your rank list with?

Deans	1
Faculty	7
Family	8
Outside mentor(s)	2
Partner/Spouse	8
Residents/Fellows	6

Other: Please describe

Were you advised to do an away rotation by a specialty advisor?

Yes 7 No 1

Who was your most effective career advisor for your specialty? (number of multiple mentions)

Derek Ward 1
Saam Morshed 2
Dr Feeley ortho 1
Dr. Nicole Schroeder 5
Lansdown 1
None 1

### If you were to do anything differently in the residency application process, what would that be?

Do an away rotation at an institution that you really want to be at, and talk to residents/advisors about their experience with certain programs. Every program has its own culture, and you'll find a place where you fit in regardless of preconceived notions that we all form based on Doximity rankings, location, etc. Also, don't trust Doximity rankings blindly - they trend in the right direction, but you need to look at the fellowship match to get an understanding of a program's reputation.

I would not have changed anything.

Only apply to programs that I signaled. I did not receive any interviews for programs I did not signal.

- start learning ortho and getting more involved in the department earlier. having 3 strong advocates that have known you over 2 years during the process is really important, especially since they'll be writing your letters. also note that some schools require a chair letter and the ucsf chair will write everyone a letter, but obviously would be better if you have clinical/research experience with the chair at some point in med school. and not just being present in clinic/or, but having done reading and coming prepared with a background of the approach/patient cases for the day. asking thoughtful questions, showing you are learning and wanting to do ortho. - ask the ms4s/residents questions/guidance, they're great- making connections with programs other than my home program that i was really interested in going to and would probably do an away rotation at- applying to / signaling not only the top 30 programs on doximity in the country - only the minority of ucsf students this year matched to top

ranked programs. ortho is really competitive and more and more people are doing research years at programs and so there are a lot of outstanding/well-connected applicants across the country which i don't think the name of medical school, like ucsf, can trump by itself. definitely apply/signal broadly across multiple 'tiers' of programs. i would do similarly for your aways. ultimately, you will get most your interviews from signals or the state you are from. can reach out to program coordinators to let them know you are from x city and interested in coming back for residency- be a nice fun person who works hard, and apply broadly, and use your mentors they want to help!

Apply to fewer programs

Absolutely nothing

# Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future

Orthopedics is an incredibly competitive field, and it only appears to be getting more and more competitive without the filter of Step 1 scores. Get involved early with faculty that publish frequently (sports, IGOT, arthroplasty all great) and do as much research as possible - ultimately this will make you a better physician and can cushion your application regardless of what happens with step 2 or other components of your application. Become a known entity among the ortho faculty, and get involved with ortho extracurriculars as well. Dr Schroeder and Feeley are great mentors to speak with for career advising and your chances when applying - they'll be honest with you. Finally, be open to matching anywhere if this is the field you choose. UCSF students have the advantage of typically being offered interviews at top places, but you should know that the matching process is absolutely unpredictable, and you'll likely get great training no matter where you land.

Start networking in the department early on in medical school- shadow, go to OSIG talks, etc. This was very helpful when it came time to apply to residency as you become more well known to the people making decisions. Ask near-peers and recent graduates for help and advice. Talk with confidential advisers early. Also talk to official advisers before application season to gauge competitiveness/get advice for away rotations.

None

Take the initiative and seek out resources. Make and maintain long term connections with people who support you. Be kind and humble.