

Post Match Reporting
2022-2024 Match Cohort Data

Specialty: Neurology
Number of Survey Respondents = 16
2022(13%), 2023(44%), 2024(44%)

Match year	Match cohort	% total cohort
2022	4	2.7%
2023	10	5.5%
2024	8	4.9%

	Mean	St Dev
Step 2	243.63	11.8

Which career resources did you use to make your career decisions?

Confidential/Specialty Advisors	13
Bridges Coaches	9
Near Peers	8
Reddit	8
Doximity	6
Participation in in-house and extramural electives	6
Specialty interest group-sponsored panels and presentations	5
UCSF Post Match Reports	3
Office of Career and Professional Development	2
Other publications and web-based resources	1
School-sponsored career planning workshops and courses	1
Career Advising Website	1
Co-Directors of Career Advising Program, Drs. Brent Kobashi and Heather Whelan	1
UCSF Connect	1

Other: Please describe

I came to medschool specifically to work in the field I ended up matching in, so the resources I used to make that decision came from college/post graduate guidance.

Other residents, fellows and attendings

Podcasts

Speaking with current residents

Did you review the list of programs to which you applied with a Specialty Advisor?

Yes 10
 No 5

Before ranking programs, did you review your rank list with a Specialty Advisor?

Yes 2
 No 13

If not a Specialty Advisor, whom did you review your rank list with?

Faculty	4
Family	6
No one	1
Outside mentor(s)	1
Partner/Spouse	9
Residents/Fellows	1

Other: Please describe

Friends
Classmates

Were you advised to do an away rotation by a specialty advisor?

Yes	0
No	15

**Who was your most effective career advisor for your specialty?
(number of multiple mentions)**

Confidential specialty advisor	1
Dr. Megan Richie	11
Jeff Gelfand, MD	1

If you were to do anything differently in the residency application process, what would that be?

Stress less.

Start on the activities section way earlier. Not apply to as many pre-lims

I would've figured out my life plan and not wavered in interviews.

Apply for fewer preliminary programs

Get clarity about when to reach out to programs for interviews that you might be interested in but aren't hearing from. My specialty also only has a confidential advisor and I always wondered why; it would be nice to have someone non-confidential.

- taken notes more systematically throughout my interviews- been more diligent with communicating with residents at different programs- used one of my signals for a program in my hometown that I was very interested in but didn't signal because they already had my geographic signal

Apply to fewer programs

Try for a slightly higher Step 2. It worked out great in the end for me but I was told Step 2 didn't matter and to just pass, but I think it's starting to more in neurology. It might have given me more ease of mind.

Taken Step 2 prior to applying despite my confidential specialty advisor advising that it was not necessary. I think that some places I would have expected to interview at screened me out.

UCSF specific: increase specialty advisor checkpoints. Not UCSF specific: should be a free process, like applying for other jobs.

Apply to fewer programs.

Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future

Everyone's specific application path is different, so don't feel like the world is ending if things are different for someone else applying with you. Talk to the advisors!

Nothing I can think of that is general and not applicant specific.

Many neuro programs are either categorical or advanced with a guaranteed pre-lim and you might not need to waste money on pre-lim applications.

Talk to your specialty advisor early and often.

Your connections are SO important. Multiple times during interviews, interviewers would comment on mentors and faculty I had worked with because they knew each other personally. I can't emphasize enough the importance of networking.

Only apply to programs that you would be willing to attend. Interviewing is laborious and not fun if you cannot imagine actually being at that institution for residency.

Stay in close contact with Dr. Richie! She is super knowledgeable

UCSF does not stand for "U can stay forever". Ignore what anyone tells you; UCSF does not match home applicants with the same frequency as other peer institutions.