

Post Match Reporting
2022-2024 Match Cohort Data

Specialty: Family Medicine
Number of Survey Respondents = 19
2022(32%), 2023(37%), 2024(32%)

| Match year | Match cohort | % total cohort |
|-------------------|---------------------|-----------------------|
| 2022 | 10 | 6.8% |
| 2023 | 10 | 5.5% |
| 2024 | 7 | 4.3% |

| | Mean | St Dev |
|---------------|-------------|---------------|
| Step 2 | 241.42 | 10.87 |

Which career resources did you use to make your career decisions?

| | |
|--|----|
| Confidential/Specialty Advisors | 18 |
| Near Peers | 11 |
| Bridges Coaches | 11 |
| Specialty interest group-sponsored panels and presentations | 6 |
| Participation in in-house and extramural electives | 5 |
| Reddit | 4 |
| Texas Star Dashboard | 4 |
| UCSF Post Match Reports | 2 |
| AAMC Careers in Medicine Website | 2 |
| Co-Directors of Career Advising Program, Drs. Brent Kobashi and Heather Whelan | 2 |
| Doximity | 2 |
| Other publications and web-based resources | 1 |
| Career Advising Website | 1 |
| School-sponsored career planning workshops and courses | 1 |

Other: Please describe

Near peers were the most useful for me
Talking to faculty members, residents, and others in the field of interest; panels

Did you review the list of programs to which you applied with a Specialty Advisor?

Yes 18
No 1

Before ranking programs, did you review your rank list with a Specialty Advisor?

Yes 17
No 2

If not a Specialty Advisor, whom did you review your rank list with?

| | |
|-------------------|----|
| Faculty | 2 |
| Family | 6 |
| No one | 2 |
| Outside mentor(s) | 1 |
| Partner/Spouse | 11 |
| Residents/Fellows | 3 |

Other: Please describe

Were you advised to do an away rotation by a specialty advisor?

| | |
|-----|----|
| Yes | 1 |
| No | 17 |

**Who was your most effective career advisor for your specialty?
(number of multiple mentions)**

| | |
|----------------------|----|
| Confidential Advisor | 1 |
| Dr. Margo Vener | 16 |
| Sarah Gaylewyrlic, | 1 |
| Tenessa Mackenzie | 1 |
| Specialty advisor | 1 |

If you were to do anything differently in the residency application process, what would that be?

Create a list of programs before applying. This was difficult to do because there are numerous family medicine programs outside of California and students had to ask their networks for information about them.

Get letters of recommendations early/ask in-person, immediately after working with someone

Apply to fewer programs

I think I wouldn't have changed anything knowing what I knew at the time. Now, I know I could have applied to fewer programs, but I didn't really know what I wanted in a program until after about halfway through my interviews.

I was deciding between two specialties to apply to in very different fields. I wish I had decided sooner so I didn't have to do away rotations with a young child in a specialty I wasn't going into, but it helped me make up my mind. Once I landed on family medicine, I definitely wish that I had applied to less programs. I applied to more than Margo recommended and was lucky to have tons of interview opportunities, but I ultimately cancelled some of them.

none

Honestly the presentations from Dr. Kobashi and Dr. Whelan were terrifying. Is there any way to make them less anxiety-provoking? To a T, all of my friends walked out of those sessions convinced we'd never match and then were each given very different and much less stressful advice from the specialty advisors. Perhaps some of that advice really only applies to folks who are matching into the most competitive specialties, at which point, can they have their own session with the career advisors? It's just horribly and unnecessarily stressful for the rest of us.

Stress less, it all turned out well

Not apply to so many programs. Make time to visit programs.

I would have focused on family medicine earlier so that I could network and plan ahead with greater focus.

visit programs in-person! there are clear upsides to virtual interviews, but i felt like i didn't get the best sense of programs without seeing them in person. i wish i had visited my top 3-4 programs in person before submitting my rank list.

Understand what I want in a residency program earlier and better tailor the list of programs to which I applied

Apply to fewer programs

Nothing different

Fewer applications/interviews

Please provide any other information that might be helpful to UCSF students who will apply to your specialty choice in the future

Dr. Margo Vener is the person to go to for anyone even slightly considering Family Medicine!! She has been so helpful throughout the entire application process.

It would be helpful to have more guidance around good questions to ask people on the interview trail to better distinguish between programs

Listen to what Margo has to say. She gives far more detailed and structured advice than advisors from other specialties and be grateful for it! She is amazing and really knows what she is talking about. I'd also recommend leaving time open in your schedule for interviews from October-December if possible! There are some in January, but the bulk of them are over by then. Ultimately, just try to have fun during 4th year!

Listen to Margo for everything!!

(For FM ONLY) Be thoughtful in where you apply - you'll likely get plenty of interviews and you do yourself a favor by being more thoughtful and judicious at the start!

Talk to Margo about everything! She is amazing and so helpful.

If you are undecided early on I would reach out to confidential advisers early

For applying into family medicine, I would recommend meeting with your 3rd year longitudinal family medicine preceptors to discuss your interests and whether FM may be a good fit. They are often very supportive and insightful about making this decision and also they get to know you quite well over the course of clerkships.

UCSF students are highly desired and I found myself being a much more competitive candidate than I anticipated, ultimately I ended up with one of my top choices.

Talk with Margo!