

## APPLICATION FOR DEPARTMENTAL 198 SUPERVISED STUDY ELECTIVE

### STUDENT INSTRUCTIONS:

1. Submit the form **at least 4 weeks prior to the start of the work** being done. **If the form is not submitted by this deadline, you may not be able to receive credit for your work.**
2. You will be contacted by email when the form has been signed/approved by the Dean. Processing time for most forms is 5-7 business days.
3. It is your responsibility to add the course to your study list for the appropriate term(s). BE VERY CAREFUL TO ADD THE DEPARTMENTAL 198 COURSE (e.g., MEDICINE 198 AND **NOT IDS 198!**)

### SECTION I: Background Information

STUDENT NAME: Lisa White GRADUATION YEAR: 2016

SUPERVISED STUDY DEPARTMENT: Obstetrics & Gynecology COURSE #: 198

FACULTY SUPERVISOR NAME: Patty Robertson  
(Note that the Faculty Supervisor must have an appointment in the above department)

FACULTY SUPERVISOR EMAIL: Patricia.Robertson@ucsf.edu PHONE: 4154761824

ELECTIVE DATES: 5/11/2015-5/24/2015 and 9/28/2015-10/11/2015

NUMBER OF WEEKS (a maximum of 4 weeks can be applied to 4<sup>th</sup> year graduation elective requirements): 4

FORM SUBMISSION DATE: 4/9/2015

### SECTION II: Supervised Study Plans

- A. **Learning Objectives and their linkage to competency milestones** (<http://meded.ucsf.edu/ume/md-competencies>): Your learning objectives (typically 3-6) should describe what you will be able to do by the conclusion of your supervised study.

Learning Objective	Competency domain	Relevant milestone(s)
Establish, maintain knowledge necessary for the preventive care, diagnosis, and management of problems	Medical Knowledge	Knowledge for Practice
Use a systems approach to identify healthcare systems and quality gaps and to develop solutions	Systems-Based Practice	Systems improvement

#### For Office Use Only

Scan to File, email pdf to: UME Advisor, UME Evaluations (LJM),  
Evaluate ([evaluations@medsch.ucsf.edu](mailto:evaluations@medsch.ucsf.edu)); AC Mentor

Revised 4/5/13

**Application for Departmental 198 Supervised Study**

2

**Student Name:** Lisa White**B. Supervised Study Summary**

As a natural extension to the work already laid out by UCSF Jail Health I proposed a pilot training program for 2-4 incarcerated women interested in becoming health educators. The program was approved by the SF Sheriff's Department and is scheduled to roll out in the fall of this year. In preparation for the health ambassadors training, I will need a month of curriculum planning and preparation for which I am requesting approval for supervised study.

**C. Learning Activities:** Describe what you will do and how this will fill 40 hours per week.

The proposed health ambassador program will be divided into three "courses," each with a range of topics:

(A) Women's health: anatomy, sexually transmitted infections, contraception, pregnancy and drugs

(B) Mental health: depression, PTSD and substance dependence

(C) Preventative health: heart health, diabetes, cancer screenings and vaccinations

My weeks will be spent researching not only these topics, but creative approaches to health education and patient outreach. My hope is that by the time the training starts in October I will have a variety of engaging, flexible, evidence-based sessions for the women.

**D. Learning Resources:** What resources will you use to meet your learning objectives? (eg, textbooks, websites, faculty experts).

Dr Andrea Jackson is my faculty mentor for this community project. I will use my course syllabi (Organs, BMB, M3, Life cycles), textbooks (Obstetrics and Gynecology, 7th or 6th ed., by Beckmann; Leigh & Reiser: The Patient: Biological, Psychological, and Social Dimensions of Medical Practice, 3rd Ed; Cecil Textbook of Medicine by GOLDMAN, L, et al.), PubMed as well as online resources for patient education such as <http://familydoctor.org/online/famdocen/home.html>.

**E. Expected Outcome/Product:** Examples include a report, manuscript, web resource, or score on an examination.

The program as proposed is adaptable to maximize efficacy in pursuit of our goal: to educate and elevate the health literacy of this most at-risk demographic. I will distribute surveys to gauge inmates' interest and knowledge of various health topics prior to curriculum development. These surveys will help direct the focus of our curriculum. The product of my month long study will be a variety of engaging, flexible, evidence-based sessions on women's health, mental health and preventative care for the women selected to be health ambassadors for their jail unit.

**F. Plan for Communication with your Faculty Supervisor:**

I plan to meet with Dr Jackson in early May to further detail the education plan; we will be in email contact to work through challenges as they arise throughout the project's preparation and implementation.

**Application for Departmental 198 Supervised Study**

3

**Student Name:** Lisa White**SECTION III: Supervisor Attestation**

My signature verifies that I: (1) support all of the plans in the student's proposal; (2) will provide constructive feedback to the student at the midpoint of their supervised study work; and (3) will submit an evaluation of the student's performance at the conclusion of their supervised study.

<u>Patty Robertson</u>	<small>DocuSigned by:</small> <u>Patty Robertson</u> <small>B5B22408DC264A3</small>	<u>4/9/2015</u>
Supervisor Name	Supervisor Signature	Date

**SECTION IV: Approval Signatures**

<u>Patricia Robertson</u>	<small>DocuSigned by:</small> <u>Patricia Robertson</u> <small>7D793E2143114C2...</small>	<u>4/15/2015</u>
Department Course Director Name	Department Course Director Signature	Date

<small>DocuSigned by:</small> <u>Charlaine</u> <small>B6161422A9E7465...</small>	<u>4/16/2015</u>
UME Advisor Signature	Date

<small>DocuSigned by:</small> <u>Susan Masters</u> <small>321EF2AF351440D...</small>	<u>4/18/2015</u>
Associate Dean for Students	Date