

From: [UCSF-GME](#)
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Subject: GME Update: Occupational Health, PPE, and In-person Gatherings
Date: Friday, October 2, 2020 9:01:04 AM
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GME 3-Site Occupational Health and PPE/Infection Control Update

Dear Residents and Fellows,

We greatly appreciate all of your ongoing excellent work in the setting of the COVID pandemic. Thank you!

We are writing to consolidate information and updates related to occupational health, PPE, and in-person gatherings across the three main clinical sites.

Occupational Health Updates

Travel - All UCSF returnees from international travel are required to be interviewed by OHS and will quarantine at home for 14 days from your return date, per UCSF policy. Policies and guidelines change almost weekly. **To expedite the process, please call OHS before you leave to log your travel. Then, as soon as you return, call OHS for guidance because things change weekly. OHS phone number is (415) 514-7328.**

Those returning from domestic travel who have been in a high-risk situation can also call the OHS COVID-19 Hotline for further evaluation. Please call as soon as you have an exposure or high-risk situation, even if you are still traveling, so that your case can be reviewed.

Space - The GME leadership team is collaborating closely with the School of Medicine and Health System leaders to try to identify more team workspaces on all of our campuses. We recognize the need to provide timely team-based care while also following distancing guidelines. Some solutions are in process, including converting more conference rooms into workrooms and installing plexiglass barriers.

Masking and Eating - Eye protection should be worn when you are within 6-feet of someone who has unmasked to eat. We recognize how challenging this can be, especially if more than one person wants to eat in a room. However, this is really important to reduce the likelihood that an entire team might have to be quarantined after an exposure. Please see below for additional guidance on eating outside UCSF spaces.

PPE Updates

The most recent update includes the addition of N95 masks at UC Health for any patient undergoing an aerosol-generating procedure (AGP).

3-Site Inpatient PPE Guidelines for COVID-19*			
	UCSF	ZSFG	VA
All patients with negative test	Surgical (ear loop) mask + eye protection		
Negative test with aerosol-generating procedure (AGP)	N95 + eye protection	Surgical mask + eye protection	N95 + eye protection
Asymptomatic patients-pending	Surgical mask +	N95 + eye	Surgical mask +

test/status unknown	eye protection (N95 if AGP)	protection*	eye protection (N95 if AGP)
Person under investigation (PUI) or symptomatic with test pending, or known exposure	N95 + eye protection + gown and gloves		
COVID +	N95 + eye protection + gown and gloves		
*Guidelines are the same in the outpatient setting, except that at ZSFG, PPE for asymptomatic patients includes surgical (ear loop) mask and eye protection (N95 if AGP)			

PPE and Physical Distancing audits - UCSF Infection Prevention will begin observing and coaching will be implemented to ensure safe PPE, physical distancing and hand hygiene in clinical spaces and in the newly-set-up break, team, and conference spaces. Please be aware that staff may reach out to you if they see practices which may not align with current guidelines. We welcome your feedback on this new program.

Guidance on In-Person Gatherings

UCSF-sponsored in-person gatherings continue to require approval. Individuals can arrange personal social gatherings on their own time according to SFDPH guidelines.

As a general rule, the less often you are within six feet of anyone without a mask for more than 15 minutes, the better. That is because exposure to someone who is later found to be positive for COVID-19 for more than 15 minutes if one of you is not wearing a mask is considered to be a moderate exposure, and thus you would be subject to 2 weeks of quarantine.

Guidelines for UCSF-Sponsored and Personal In-Person Gatherings			
	Outdoors, without food	Outdoors, with food	Indoors
UCSF-sponsored (e.g. residency organized)	Requires UCSF approval Please complete this form for guidance.	Requires UCSF approval Please complete this form for guidance.	Requires UCSF approval Please complete this form for guidance.
Off campus, personal activities	Max 12 people, host is responsible to follow the SFDPH directives , <ul style="list-style-type: none"> appropriate physical distancing masks for all no eating or sharing of food duration of 	Max 6 people <ul style="list-style-type: none"> physical distancing advised but not mandated. Masks may be removed to eat or drink only and must be put in place whenever someone from outside the group (like a server) approaches. Although this is permitted, be aware of the risks of 	As of Sept 30, indoor dining at restaurants is allowed as long as the restaurant is following SFDPH guidelines. SFDPH strongly encourages that only individuals in the same household should sit together in a dining setting. <p>Please keep in mind the potential risks of unmasking in public indoor settings, including 14-day quarantine if exposed to COVID-19.</p> <p>The SFDPH guidelines do not describe exceptions for privately-hosted (i.e. in-home) events with individuals outside your</p>

	<p>less than 2 hours</p> <ul style="list-style-type: none"> • no aggregation pre- or post-event and attendance lists maintained for 2 weeks after the event. 	<p>potential exposure. If one person tests positive, others will be quarantined.</p> <p>Check the SFPDH directives and tips for more information.</p>	<p>household.</p> <p>Check the SFPDH directives and tips for more information.</p>
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Again, thank you for all that you do!

Best,

UCSF GME leadership team

