## Post Match Reporting

2014/2015 Match Cohort* Data

Specialty: Emergency Medicine  
**N= 41 (12.2% match cohort)**

<table>
<thead>
<tr>
<th>Item</th>
<th>N</th>
<th>% of specialty cohort</th>
<th>Mean</th>
<th>Standard Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduation year</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2014</td>
<td>17</td>
<td>41.5%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>24</td>
<td>58.5%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Three digit Step 1 score</td>
<td></td>
<td></td>
<td>225.4</td>
<td>17.1</td>
</tr>
<tr>
<td>MSPE Adjective:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outstanding</td>
<td>7</td>
<td>17.1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superior</td>
<td>8</td>
<td>19.5%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Excellent</td>
<td>25</td>
<td>61.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very Good</td>
<td>1</td>
<td>2.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Good</td>
<td>0</td>
<td>0.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AOA elected</td>
<td>6</td>
<td>14.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Applied to preliminary or transitional programs:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0</td>
<td></td>
<td>0.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other specialties applied to:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orthopaedic Surgery</td>
<td>1</td>
<td>2.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of categorical programs applied to</td>
<td></td>
<td></td>
<td>41.1</td>
<td>17.4</td>
</tr>
<tr>
<td>Honors Received:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anesthesia</td>
<td>9</td>
<td>22.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>FCM</td>
<td>9</td>
<td>22.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>10</td>
<td>24.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neurology</td>
<td>11</td>
<td>26.8%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obstetrics/Gynecology</td>
<td>15</td>
<td>36.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pediatrics</td>
<td>10</td>
<td>24.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychiatry</td>
<td>12</td>
<td>29.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surgery</td>
<td>12</td>
<td>29.3%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Match Cohort includes applicants who matched into this specialty via the regular match process.
Post Match Reporting

2014/2015 Survey Respondent Cohort Data

Specialty: Emergency Medicine
N= 33 (13.8% survey respondents)

<table>
<thead>
<tr>
<th>Item</th>
<th>N</th>
<th>% of specialty cohort</th>
<th>Mean</th>
<th>Standard Deviation</th>
<th>Min</th>
<th>Max</th>
</tr>
</thead>
<tbody>
<tr>
<td>For your specialty of choice, how many programs did you rank?</td>
<td></td>
<td></td>
<td>13.3</td>
<td>4.3</td>
<td>3</td>
<td>20</td>
</tr>
<tr>
<td>How many programs invited you to interview?</td>
<td></td>
<td></td>
<td>16.7</td>
<td>4.8</td>
<td>3</td>
<td>20</td>
</tr>
<tr>
<td>How many interviews did you accept?</td>
<td></td>
<td></td>
<td>13.5</td>
<td>4.2</td>
<td>3</td>
<td>20</td>
</tr>
<tr>
<td>Where did the program you matched fall on your rank list?</td>
<td></td>
<td></td>
<td>2.1</td>
<td>1.3</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>Did you review your application with a career advisor before applying?</td>
<td>23</td>
<td></td>
<td></td>
<td></td>
<td>56.0%</td>
<td></td>
</tr>
<tr>
<td>Before ranking programs, did you review your rank list with a career advisor?</td>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td>24.4%</td>
<td></td>
</tr>
<tr>
<td>Total Spent on Interviews</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$0-$500</td>
<td>1</td>
<td></td>
<td>2.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$501-$1000</td>
<td>1</td>
<td></td>
<td>2.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$1001-$2000</td>
<td>10</td>
<td></td>
<td>24.4%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$2001-$3000</td>
<td>10</td>
<td></td>
<td>24.4%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$3001-$4000</td>
<td>5</td>
<td></td>
<td>12.2%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$4001 and over</td>
<td>6</td>
<td></td>
<td>14.6%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you complete a Pathway project?</td>
<td>6</td>
<td></td>
<td>14.6%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you complete a research project in the field you matched?</td>
<td>19</td>
<td></td>
<td>46.3%</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you have a publication during medical school?</td>
<td>17</td>
<td></td>
<td>41.5%</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The field project was in:

- emergency
- Emergency Medicine
- Trauma
- Emergency Medicine
- Racial/ethnic disparities
- Emergency Medicine
- Bedside Ultrasound for Ectopic Pregnancy, International/Cross-Cultural Care in Emergency Medicine
- Emergency Medicine/technology
- public/population health
- Prehospital Emergency Medicine
- Health services research in Emergency Medicine
- EM
- Health policy related to charity care delivery at nonprofit and for profit hospitals
- Medical education
- Toxicology
- Global Health & EMS / Emergency Medicine Education
- ED Operations/Triage/Quality Improvement
- Medical Education
- EM.

Describe any publications:

First author of a manuscript published in a public health journal, and third author of a manuscript published in an HIV-related journal.

Assessing medical student preparedness for responding to in-flight commercial airline emergencies
3 studies, 2 essays/editorials, all in peer reviewed journals

Evaluation of a NYC public health initiative to reduce food deserts. papers and abstracts

Publications were split between orthopedic research regarding the pelvis and informed consent of minors

Textbook chapter co-author, co-first author on a research publication.

BMJ blog / Diplomatic Courier / 6 posters and speeches

Assessing the validity of various self-report measures in determining ART adherence in a community-based HIV program in rural Sierra Leone

Abstracts/posters in internal medicine, one internal med paper submitted (but not accepted) when eras was due

HIV related publication from the summer after first year. Not emergency medicine related.

-Case report in toxicology / -2 papers regarding in a chemical biology lab I worked in full time before medical school and some during medical school but were published during school.

Non EM Research


Clinical research paper in OBGYN

Breast cancer research

Global Health AIDS research project / MedEd Portal publication

Who was your most effective career advisor in field matched? (number of multiple mentions)

Robert Rodriguez (5)
David Duong (13)
Kenny Banh (4)
Eric Isaacs (2)
Michelle Lin (2)
Susan Promes (3)
Jeffrey Tabas
John Stein
Guy Shochat
Esther Chen
Freeman Garrick
Gene Hern (2)
Chris Fee (2)
Ellen Weber
Nate Teismann

What were your most useful career resources?
Classmates who matched previously in emergency medicine

Post match surveys, FRIEDA online, ERMA match app

Mentors, the Emergency Medicine Residents Association, the Western Michigan School of Medicine website on Advice for Emergency Medicine Applicants

SAEM Residency Directory

Residents in EM are actually the most helpful - they are closest to the process and have a more recent experience with the network of people you will meet while applying and interviewing for programs.

AIEM's youtube interviews with program directors in EM. Speaking with peers.

EMRA website was most useful.

EM faculty and residents at UCSF and Highland

Post match data, ALiEM blog videos on the match, away rotations are sooo helpful

Reaching out to other advisors for other points of view and advice - Dr. Papadakis, Michelle Lin, other PDs

Aliem video blog

talking to senior students and residents was far and away the most useful resource / SAEM residency directory website / residency programs' websites

None just looking online for residency interview questions

EMRA, ALIEM

ALiEM has a video series that describes the entire application process from perspective of a few program Directors. This was incredibly helpful / -Google Spreadsheet from prior classes detailing popular programs/programs likely to give UCSF interviews / -Having several advisors was helpful

EMRA website, sdn, talking to career advisors, talking to students that had just graduated.

EMRA EM Survival Guide for med students

other students/residents / UME website / Post-match survey /

(1) Dr. Michelle Lin’s blog (http://www.aliem.com/category/non-clinical/em-match-advice/) had videos on the EM residency application process which were VERY informative and helpful on a wide range of topics from the very start of the process to the end. / (2) Doximity has a great tool to familiarize yourself with the residency programs around the country.
https://www.doximity.com/residency.Navigator/directories/42 / (3) Residency program websites were good for a quick overview of their self-perceived strengths.

Career advisor, talking to students from previous year and panel sessions

Doximity rankings site helped me in terms of listing all available programs (rankings themselves were less useful)

Students from the class ahead of me were my most useful resources. / Other classmates

If you had to do anything differently in the residency matching process, what would it be?

Interview at less programs.

Asked about more good community programs. We are skewed to think about academic centers.

Dont fly to as many interviews at programs I knew were lower on my list

Apply to less programs / Submit my application the day it opens

I would have worked on my personal statement sooner--that is the toughest part, really. / / I would have shadowed during visits to programs where I only had that one shot/visit to get to know the culture of the department and the program.

I would have only interviewed at places that I would actually consider living.

Speak to more advisors to identify at which programs to do away rotations.

Apply to fewer programs. Couples matched so applied to 76, interviewed at 25. Way too many but better safe than sorry I guess!

Decide on EM earlier or at least talk to advisors earlier. Make more connections with faculty in the department. Go on fewer east coast interviews. Try to get a better sense earlier on of what kind of program I would like.

I would have applied to more insitutions. I also would have been more active in research projects during medical school, and I would have taken more time to study to earn a higher score on the Step 1. I also would have established stronger relationships with physicians in my chosen field, so that I could have had more people advocating on my behalf.

Send a personal email to my #1 choice school informing of my intent.

I would have interviewed and perhaps applied to fewer programs. I would try to get a good idea from your advisor how many applications would be acceptable based on your scores and application. I would have done an away outside of California if I was really interested in a certain geographical location. I wish I would have spent some time in the department (revisit day or after interview) of those at the top of my list where I did not rotate.
I wouldn't agonize over my grades to the extent that I did. Interviewers were MUCH more interested in my extracurricular projects and my interests outside of medicine than in why I didn't honor every rotation. In the moment every "pass" feels worse than None, probably would have applied to less schools/ gone on less interviews

Try to ask programs if they had additional interview dates available so I could do them closer together.

The UME website has a list of "confidential advisors," which are faculty members that want to advise applicants but play no role in the selection process for next year’s UCSF residents. I found them helpful.

I would have worked more closely with an advisor earlier on. I think this year was rough just because advisors were not prepared to deal with so many of us, I hope that this won’t be a problem in the coming years. I would also advocate for myself earlier in the process (for instance there were programs I didn't hear from that I would have contacted to say I'm really interested).

I wish I did a third, true away rotation. We were strongly advised to do two EM sub-i's total. On the interview trail I met people who had mostly done 3, sometimes 4 (probably overkill), and all around the country. Many of our class did just UCSF-SFGH and Highland, and while these are excellent rotations, I think may have hurt us slightly when applying across the country when it appeared as though we were reluctant to leave the SF bay. / / I felt like I got differing/conflicting opinions on what was considered a "home" vs "away" rotation among the bay area programs from advisors. I hope that the UCSF EM leadership in the future will recognize any of the 3 UCSF-affiliated programs as home programs (UCSF, Fresno, Highland) and to encourage 2-3 rotations, and to encourage at least 1 sub-i in a different region. / / I would have started a frequent flyers credit card through an airline (SW, Virgin, etc) to rack up extra points while traveling to take advantage of the frequent flights. / / /

Contact your advisors if you don't feel you have enough interviews early on. They will help you out and get you more interviews when they can

Not apply to as many programs and do more aways.

know what specialty i wanted to go to a lot earlier (ideally third year). Get career advice as a first year.

Apply to fewer programs.

Set a cap on the number of programs one can apply to (based on specialty, whether one is couples matching, and perhaps other parameters). Get rid of the pseudo-waitlist (when you know others have interviewed at a program but you have not heard back that program) or otherwise give more notice when you get off the waitlist (e.g if you get off the waitlist of a highly-desired program you end up paying 2-3x more for travel in order to get there in a short time frame).

I would have done away rotation in geographical area I was interested in.
I would have tailored the programs I applied to a little better based on the types of programs I knew I would like after doing my away rotation.

I wish I could have developed a closer relationship with faculty who could give me useful advice longitudinally.

I applied to 35 programs. Looking back I would have applied to less on the East coast, a geographical region that I did not want to live in. A better number to apply to would have been 25-30.

**Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?**

Start early reaching out to career advisors. Don't worry so much about the number of people applying in EM.

Talk to as many of the advisors / local faculty members involved in the residency programs here as you can -- one person's opinion is not enough, and may not be coming from a perspective that is aligned with yours. Take advantage of the confidential advisors, and identify one main advisor, which doesn't have to be the official one, who you feel best understands your perspective and interests.

At the very least get to know one program that you would like to match at VERY WELL. Don't be clingy or stalkerish, but genuinely get to know attending's and residents.

Find someone in addition to Dr. Duong - he is very conservative and will make you nervous, which is great overall, but makes you a bundle of nerves for several months. Also I was under the impression that he would call 1-2 programs to help get interviews, but that doesn't seem to be the case, so I didn't use him much as an advisor after making my list of programs to apply to. It would be helpful to clarify whether that is the case or not at the beginning of application season, and to go over how to ask for that.

Get involved with faculty advisors early. They can really help you get interviews and advocate for you, but they have to get to know you.

Do not apply to more than 30 programs unless you have special circumstances / If you do not receive an interview at one of your top choices, get out there and advocate for yourself. I received four additional interview invites just by expressing my interest to programs via email.

I would worry less overall once all applications / matchlist is in. Enjoy 4th year! / / Trust the advisors - especially Dr. Duong - when it comes to personal recommendations on how many / where to apply to. Ask BROADLY about good EM programs. They are harder to find than in other fields where top spots follow traditional lines (US News report top ten hospitals, etc). Many gems across the country are non-ivory tower and/or county spots (Hennepin, Maricopa, Carolinas, etc) that you will learn about when you interview/tour, but is hard to be in the know when submitting your ERAS. / / Talk to the advisors EARLY ON after you submit ERAS - if there is a spot you really want an interview at but haven't received an invitation from, DON'T HESITATE to talk to
your main advisors for help with connections! When they send out all their invites, it is often too late to convince the PDs to change their minds. Who you know in this process really is important.

Definitely apply to a lot of programs and definitely send follow up letters of interests

Do away rotations, I think UCSF advice that away rotations are not necessary is flawed in case of EM

Have faith - you will match somewhere that you will be happy so try not to stress too much. Try to find an advisor early... talk to a few and find the one you feel you can work with best/most effectively.

Advocate for yourself! If you want an interview at a particular place and have not heard back or have even been rejected, write an email to the program director explaining your interest and see if they can fit you in. This worked for me on two occasions.

Please feel free to cold-call or cold-email any recent UCSF EM alumni. This process is a terrifying black box until you go through it yourself, and we have knowledge that can save you time, money, and massive amounts of emotional energy.

Most students from other schools do 3 EM rotations. While I definitely don't think this is necessary, and would not have done an additional EM sub-i, it's important to know that it's not a crazy option. / / If there is a program you really want to go to, do an away rotation there.

Unless you have special circumstances, don't apply to more than 30 programs and don't do more than 15 interviews.

Really talk with your classmates who you are applying with! It seems very hush-hush, but you can get some great insight into programs that others may have already interviewed at, and save money on hotels/housing. I ran into a classmate on almost every interview, and had no idea they were going to be there. Also take a look at the informal interview data that is being passed down for the last couple years where we tallied how many applied and received interviews at programs.

Work really hard on Sub-Is so that you can get good letters, these played a huge role for me. Talk to people who have just matched, they will know a lot about where/how to interview. Talk to an advisor in the department, they also have good insider knowledge.

I think it is very useful to do an away rotation out of the Bay Area, just to see a different practice style, meet other people in the field, learn more about yourself and what type of program you like, and demonstrate to other programs that you are willing to leave the Bay Area.

Find mentors who get to know you so they can actually be useful to you. Don't be afraid to reach out and try to get to know faculty, whether it is through research, shadowing, EMIG. Try to maintain this relationship so they know you.

-Get as many advisors as you can. Like everything, there is a spectrum of how conservative a mentor can be. It's helpful to hear several opinions. / -Talk to recent graduates about their experiences, do's/don'ts of applying /
Everyone's application is different. We have different strengths/weaknesses. I found that my SLORs from my sub-Is really boosted my application, despite my average Step 1 score and average third year grades. Don't be discouraged by 'average' UCSF scores when applying to residency! It is more important to get honors on your sub-Is and get a stellar SLOR in my opinion.