Welcome to WOMEN’S HEALTH EDUCATIONAL OPPORTUNITIES FOR STUDENTS

The Department of Obstetrics, Gynecology and Reproductive Sciences at UCSF

Other websites to explore:
UCSF Ob-Gyn Department
http://obgyn.ucsf.edu/

APGO
http://www.apgo.org/home/

ACOG
http://www.acog.org/

Further information is available from:
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Welcome to the internationally renowned Department of Obstetrics, Gynecology and Reproductive Sciences at UCSF. We encourage medical student involvement in women’s health at UCSF, from the moment you step on campus, until you graduate. Listed below are opportunities for UCSF medical students with our department as they go through each of the four years. Also, we have a National Center for Excellence in Women’s Health (http://www.ucsf.edu/coe/), which sponsors multiple programs and offers volunteer opportunities for UCSF medical students.

First-Year UCSF Medical Students
1. Welcome lunch for first-year UCSF medical students: information about research opportunities, electives, and volunteer work discussed, and Ob-Gyn Student Interest Group (OGIG).
2. Electives at noon: Disparities in African-American Health Care, Introduction to Ob-Gyn Procedures and Surgical Skills, Global Reproductive Health and Justice, Reproductive Health, and Introduction to Stem Cell Biology. U-TEACH is another popular elective during which a medical student attends didactics, prenatal visits with an assigned mother, and attends the birth. Students interested in Ob-Gyn are also encouraged to take the Surgical Assist Elective.
3. Clinical Interludes: A day spent on the wards in the hospital with patient interviews and team observation; locations in Labor and Delivery, and the Gyn OR
4. Four-hour shadowing shifts available in Labor and Delivery and the Gyn OR
5. Volunteer work available at the Women’s Clinic of the Homeless Clinic
6. Research opportunities for the summer after the first year abound, either in basic or clinical research. International opportunities also available. Applications for funding through the Office of Medical Student Research or the Office of International Opportunities for Medical Students. http://medschool.ucsf.edu/intlprograms/Programs/index.aspx
7. Career panel discussions twice per year including providers from community and managed care settings.
8. Monthly meetings/events of the medical student Ob-Gyn Interest Group (OGIG)
10. Personal dinners with faculty limited to 6 students, 1 faculty and 1 resident
11. Individual meetings with career advisors in the department encouraged
12. Big Sib Mentoring Program available with residents
13. Faculty Mentoring Program available for medical students interested in Women’s Health starting the first year of medical school

Second-Year UCSF Medical Students
1. Above electives available, plus the opportunity to be a Coordinator for the U-Teach Elective (usually funded) and/or a Coordinator for the Ob-Gyn Interest Group (OGIG)
2. Shadowing, volunteer work, monthly OGIG events, MSFC as above
3. Additional career meetings with the senior students as listed below
4. Formal curriculum begins in Women’s Health: Pelvic educators teach students how to do a pelvic exam, and extensive curriculum on women’s health from birth to death during the Life Cycle block
5. Individual meetings with career advisors in the department encouraged
6. Faculty and Big Sib mentoring programs encouraged

Third-Year UCSF Medical Students
1. Traditional Core Clerkship in Ob-Gyn for 6 weeks: nine sites available—Parnassus/Mount Zion, SFGH, UCSF-Fresno, Marin, Kaiser Oakland, Kaiser SF, Highland Hospital, California Pacific Medical Center, St. Luke’s (choose one)
2. PISCES Program Core Clerkship: one year at Parnassus, Mount Zion, and Lakeshore during which students carry their own panel of pregnant patients and work with ob-gyn faculty preceptors over the year
3. Model SFGH Program Core Clerkship at SFGH which integrates Ob-Gyn with pediatrics and family medicine over 6 months
4. KLIC Program: one year at Kaiser Oakland, similar to PISCES above
5. Additional Two-Week Electives After the Core: Gynecologic Oncology, Reproductive Endocrinology and Infertility, Fetal Therapy, Prenatal Diagnosis, and Family Planning
6. Career meetings re: logistics of how to match in Ob-Gyn, matching students dinner where matched students tell their interview stories, and annual career dinner at faculty home
7. Faculty and Big Sib mentoring programs encouraged

Fourth-Year UCSF Medical Students
1. Sub-internships of 4 weeks in High Risk Obstetrics (Parnassus or SFGH), Advanced Gynecology (Mount Zion or SFGH) and Gynecologic Oncology (Mount Zion). Outside sub-internships also available with department permission.
2. Four-week elective available in Family Planning (SFGH)
3. Two-week electives, same as above
4. Career meetings re: interview tips and match de-briefing
5. Career advisors, usually 2 faculty per student in the department
6. Faculty and Big Sib mentoring program encouraged

Some of our UCSF students take a year to do a research project in Ob-Gyn at UCSF, the NIH, or another academic institution. Some students take a year to do their MPH at the University of California at Berkeley or another institution. This is not necessary to match well in the field, as UCSF medical students are heavily recruited by the top Ob-Gyn residencies in the country.