# Post Match Reporting

## 2015/2016 Match Cohort* Data

**Specialty: Neurology**  
N= 14 (4.2% match cohort)

<table>
<thead>
<tr>
<th>Item</th>
<th>N</th>
<th>% of specialty cohort</th>
<th>Mean</th>
<th>Standard Deviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduation year</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015</td>
<td>4</td>
<td>28.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2016</td>
<td>10</td>
<td>71.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Three digit Step 1 score</td>
<td></td>
<td></td>
<td>240.1</td>
<td>17.8</td>
</tr>
<tr>
<td>MSPE Adjective:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Outstanding</td>
<td>3</td>
<td>21.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superior</td>
<td>3</td>
<td>21.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Excellent</td>
<td>8</td>
<td>57.1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Very Good</td>
<td>0</td>
<td>0.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Good</td>
<td>0</td>
<td>0.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AOA elected</td>
<td>0</td>
<td>0.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Applied to preliminary or transitional programs</td>
<td>10</td>
<td>71.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other specialties applied to:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of categorical programs applied to</td>
<td>27.0</td>
<td>14.6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Honors Received:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Anesthesia</td>
<td>4</td>
<td>28.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>FCM</td>
<td>2</td>
<td>14.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>5</td>
<td>35.7%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neurology</td>
<td>11</td>
<td>78.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obstetrics/Gynecology</td>
<td>3</td>
<td>21.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pediatrics</td>
<td>3</td>
<td>21.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychiatry</td>
<td>9</td>
<td>64.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Surgery</td>
<td>2</td>
<td>14.3%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Match Cohort includes applicants who matched into this specialty via the regular match process.
**Post Match Reporting**

**2015/2016 Survey Respondent Cohort Data**

**Specialty: Neurology**

N= 10 (3.9% survey respondents)

<table>
<thead>
<tr>
<th>Item</th>
<th>N</th>
<th>% of specialty cohort</th>
<th>Mean</th>
<th>Standard Deviation</th>
<th>Min</th>
<th>Max</th>
</tr>
</thead>
<tbody>
<tr>
<td>For your specialty of choice, how many programs did you rank?</td>
<td></td>
<td></td>
<td>9.3</td>
<td>1.2</td>
<td>8</td>
<td>11</td>
</tr>
<tr>
<td>How many programs invited you to interview?</td>
<td></td>
<td></td>
<td>12.0</td>
<td>2.4</td>
<td>8</td>
<td>15</td>
</tr>
<tr>
<td>How many interviews did you accept?</td>
<td></td>
<td></td>
<td>9.8</td>
<td>1.5</td>
<td>8</td>
<td>13</td>
</tr>
<tr>
<td>Where did the program you matched fall on your rank list?</td>
<td></td>
<td></td>
<td>2.3</td>
<td>2.0</td>
<td>1</td>
<td>7</td>
</tr>
<tr>
<td>Did you review your application with a career advisor before applying?</td>
<td>9</td>
<td>90.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Before ranking programs, did you review your rank list with a career advisor?</td>
<td>9</td>
<td>90.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Spent on Interviews</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$0-$500</td>
<td>0</td>
<td>0.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$501-$1000</td>
<td>1</td>
<td>10.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$1001-$2000</td>
<td>1</td>
<td>10.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$2001-$3000</td>
<td>6</td>
<td>60.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$3001-$4000</td>
<td>1</td>
<td>10.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>&gt;=$4000</td>
<td>1</td>
<td>10.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you complete a Pathway project?</td>
<td>5</td>
<td>50.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you complete a research project in the field you matched?</td>
<td>8</td>
<td>80.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did you have a publication during medical school?</td>
<td>6</td>
<td>60.0%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The field project was in:

neurology
Neuroscience
neurology
Neurology
Neuromuscular disease, cognitive neurology
Neuroinfectious disease and stroke
Neurology
Medical education

Describe any publications:

3rd author for meta-analysis in high impact journal, 2nd author for meta-analysis, 1st author for paper in review

Co-authored publications including one first author in the field of neuroscience. Manuscripts based on research that I had started prior to medical school.

I have a number of publications about HIV and sexually transmitted diseases.

One original manuscript and one case report.

All were publications related to brain development from prior to starting medical school

Who was your most effective career advisor in field matched? (number of multiple mentions)

Vanja Douglas (8)

Dan Lowenstein (4)

Catherine Lomen-Hoerth

What were your most useful career resources?

neurology residents, MS4s a year ahead, program websites and fellowship lists, junior faculty in neurology who had recently gone through process (I talked to academic and community neurologists), Dr Engstrom's talk on different programs

Talk to Vanja if interested in neurology! Fantastic resources. Also talk with peers and current residents in the field.

speaking to previous applicants
Not particularly. The most helpful thing was the interviews themselves. However I also found the current residents at UCSF to be extremely helpful.

Current neurology residents

If you had to do anything differently in the residency matching process, what would it be?

I would consider applying to and interviewing at fewer neurology programs (the recommended number is small and enough)

Interview at fewer programs. It's very tempting to accept all interviews, but once you feel comfortable, I would go ahead and drop interviews that you are less excited about.

apply to less programs

Interview at less preliminary medicine programs.

Start my personal statement earlier in the application process.

Applied to fewer programs, especially for prelims.

I would ask different questions and take more notes; because I did not think right away about what would be most important to me, and by the time I sat down to rank the programs, I forgot the important details; they all start looking the same. I would have reached out to more people for help, earlier - one of my neurology LOR writers got me 3 interviews in a day, after I shared that I did not get an interview at my dream program and did not have enough prelim interviews - she got me that dream interview and the most competitive prelim programs in Bay Area. I would have networked more starting in the first year of medical school - it's all about who you know

Sign up for TSA precheck prior to interviews / I would have emailed programs I was interested in earlier in the application process to express that interest as I think this has a significant impact on how programs see you / I would have applied to a few more places simply because you learn a lot about what you want in a program and the neurology community you are joining by going to more places, even if you probably only need to go to a small number places.

Apply to and interview at fewer programs (both in specialty and prelims).

Is there any other information helpful to UCSF students who will apply to your specialty choice in the future?

relax, read about the things in neurology you like, practice interviewing with UCSF faculty and with peers

Don't be tempted to apply to all preliminary programs at out of state programs... Pick one geographic area in addition to bay area. This is a problem because sometimes the preliminary programs and advanced program do not communicate; therefore, interviewing for both preliminary and advanced programs may require you to visit the institution twice. Furthermore, the reality is that more and more programs have categorical programs.

I found it very helpful to review my application and rank list with multiple career advisors. They all have different perspectives on the programs and it was very informative. Also, when Vanja tells you to apply to fewer programs, listen to him! We all probably end up over-applying because we don't know how it is going to go, but most UCSF people do not go far down their rank list in Neuro.
Attending the pre-interview dinners is a great way to learn more about the program and get to know the residents.

As I already mentioned, advisors hate to admit it, but everyone knows that connections help. Reach out to anyone you might know that could put in a good word on your behalf; network early. Ask for help for both prelim and neuro interviews. I met program directors or their relatives at friends’ gatherings. If you are trying to move to the other side of the country, you have to really convince them you are truly interested. I did not get any invitations at East Coast schools (which did not matter to me) - maybe I should not have applied there anyway. I only interviewed on the West coast, which is sufficient, because it is a good range of competitiveness. Vanja Douglas and Dan Lowenstein were the best supports! Don't let the stress of applying and interviewing at prelim programs overwhelm you - it all works out in the end!

Talk to the current residents about their experiences and the programs they liked. They often have more up to date info that faculty and advisors. The websites for the neurology programs are often extremely unhelpful and even the programs often admit this. When you visit a program, try to spend as much time as possible with the residents. Even if you won't be working with any of them by the time you get there, you definitely get a sense of the type of people they are looking for or, more importantly, the type of person attracted to the program.

I feel that UCSF should really have a separate medicine prelim advisor, as the current advisor seems overstretched with her responsibilities.