UCSF Residents & Fellows Council

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What is the RFC?

• The RFC is a group of residents and fellows that acts as liaison between housestaff and GME, Medical Center, and UCSF community

• Represents over 1,400 UCSF Residents and Clinical Fellows (ACGME or non-ACGME) in academic and administrative forums

• First meeting in 1999
What does the RFC do?

- Impact the quality of resident/fellow and patient experience through:
  - Financial/lifestyle improvements
  - Resident representation
  - Patient care fund
  - Quality improvement
RFC History

• Financial/lifestyle improvements
  – Housing stipend increase
  – Single payment system, regardless of where you rotate
  – Improving access to UCSF childcare sites and more appropriate lactation rooms
  – Advocated for lounge space in the new Mission Bay Hospital
RFC History

• Patient Care Fund Projects 2014-2015
  – Assistive communication technology to help critically ill children communicate in the hospital
  – iPads/tablets as educational and communication tools for patients
  – Activity equipment for hospitalized patients with cystic fibrosis
  – Cable car bell to be installed at Mission Bay for patients completing radiation therapy
  – Developmentally appropriate educational materials/books for pediatric psychiatry patients
  – Opaque tote bags to carry wound care supplies for breast cancer patients
  – Headphones for children with fractures to wear during cast placement
RFC History

• Resident Representation
  – Executive Medical Board, Dean search, Chancellor search
  – Nurse - Resident Council
  – Fellow and Resident APeX Group (FRAG)
  – Campus Life Services, Transportation Advisory Group

• Quality Improvement
  – Housestaff incentive program with including department specific goals
2014-2015 RFC Projects

• Support housestaff-led efficiency projects
  – Consultant Handbook

• Improve housestaff wellness through increased awareness of Campus Life Services and other UCSF resources
  – Blumberg Loans
  – CLS Campus Trader and Places4Students
  – Coordination of Patient Care Fund at Moffitt and SFGH
Consultant Handbook

- AgileMD Application is available for desktop and mobile devices
A UCSF system-wide collaboration providing the most up-to-date protocols for ordering consultations across all service lines.

- ENT
- Internal Medicine
- Interventional Radiology
- Neurology
- Patient Prep Guidelines
- Pediatrics
- Plastic Surgery
- Radiation Oncology
Example: Radiology

Outside Studies

- If done at UCSF/SFGH/VA: call reading room at site of prior imaging to "push" study
- If done elsewhere: give CD to film library for upload [Moffit M381 *x31640], SFGH 1x42 (x68033)]
- Uploading a study does not generate a report. Formal overreads require orders and are billed to pts, so use judiciously.

Contrast Issues

(oficial: google "ucsf radiology contrast")

1. Significant contrast allergy:
   - Discuss with radiologist, especially for severe reactions.
   - In general, 12 hrs prior give 50mg PO prednisone OR 32mg PO methylprednisolone, then 2 hrs prior give 50mg PO prednisone OR 32mg PO methylprednisolone, AND 50mg PO Benadryl.

2. Iodinated contrast (CT/IR)
   - GFR 45-60: if contrast warranted, consider prehydration and possibly bicarbonate infusion.
   - GFR <45 or AKI/dialysis/oliguria: discuss with radiologist.
   - Metformin: D/C at time of procedure and hold for 48 hrs, restart after GFR re-evaluated.
   - Acceptable IV type: Google "ucsf vascular access"

3. Gadolinium (MRI)
   - GFR 30-60: approval by any radiologist
   - GFR <30 or dialysis, severe liver dz: informed consent, approval by radiology attending, renal consult for early HD if on HD
Campus Life Services Awareness

Visit http://campuslifeservices.ucsf.edu/cls/
Why participate?

• Flexible time commitment

• Help accomplish projects that are interesting and important to you

• Great way to meet administrators, faculty, other residents/fellows and get involved in larger UCSF Medical Center projects/innovations

• Make a difference for housestaff and patients
How to participate?

• **Structure**
  – One to two representatives from each department
  – Meetings are held from 5:30 to 7:00p on the third Monday of each month

• **Get Involved!**
  – Email Kim/Andrea to volunteer
  – Speak to your chief residents
  – Come to a meeting and bring your brilliant ideas!
Questions?

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