### UCSF BLOOD-BORNE PATHOGEN & EXPOSURE POLICY

**Appendix III**

NEEDLESTICK AND EXPOSURE HOTLINE CONTINUITY OF CARE AND
UCSF, SFGH, SFVA COORDINATION

<table>
<thead>
<tr>
<th>SFGH Employee Health Services</th>
<th>SFVA Employee Health Services</th>
<th>UCSF Occupational Health Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hotline #</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>415-469-4411</td>
<td>415-469-4411</td>
<td>415-353-7842 (STIC)</td>
</tr>
</tbody>
</table>

#### Scope of Services

- Blood-Borne Pathogen Exposure incurred in SFGH Patient Care or research-related location on the SFGH campus.
- Researcher with other exposure (not blood borne pathogen**) contacts UCSF NSH Hotline.

- Blood-Borne Pathogen Exposure incurred in SFVA Patient Care research-related location at SFVA **AND** any other researcher-based exposure.

- Blood-Borne Pathogen Exposure incurred in any UCSF Patient Care location; Research-related Exposure** at any UCSF location including Gallo, Gladstone, Howard Hughes Medical Institute, and SFGH

#### Accessing Care

1. Call for an appointment:
   - 415-206-6581 or drop-in to: to SFGH Employee Health, Building 9, Rm.115 between the hours of 8-11am & 12:30-2:30pm, Monday-Friday, except holidays
   - On call clinician for the Hotline that day will see UCSF personnel, initiate lab order, and coordinate lab result notification

2. No appointment necessary

- UCSF personnel needing follow-up testing:
  - Present to personnel health (GB-17) between the hours of 8-4:00pm, Monday-Friday except holidays
  - Complete a quick information form noting name, SS#, DOB, contact address and number, date of exposure and test requested
  - On call clinician for BBPs that day will see the resident, initiate lab order, and coordinate lab result notification

3. Call 415-353-4341 (hotline voice mail) to request an appointment

4. Bring written summary of the event with lab results for both the individual and the source patient as well as follow-up recommendations.

5/5/2010
# UCSF BLOOD-BORNE PATHOGEN & EXPOSURE POLICY

## CDC Recommended Follow-up Schedule

<table>
<thead>
<tr>
<th>HIV+ source patient:</th>
<th>SFVA Employee Health Services</th>
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<tbody>
<tr>
<td>6 weeks, 3 months, and 6 months.</td>
<td>HIV+ source patient: 6 weeks, 3 months, and 6 months</td>
<td>HIV+ source patient: 6 weeks, 3 months, 6 months;</td>
</tr>
<tr>
<td>Hep C + source patient:</td>
<td>Hep C +: follow-up labs at 6 weeks, 3 months, 6 months, and 1 year</td>
<td>Hep C + source patient: 6 weeks, 3 months, 6 months, 1 year</td>
</tr>
<tr>
<td>Additional labs may be recommended depending on post-exposure prophylaxis and individual assessment</td>
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## Continuity of Care and Coordination between UCSF, SFGH, SFVA During Rotations

1. Written summary of all test results of both the worker and the source patient if they are available via US mail.
2. Lab slip is prepared in individual’s chart for their drop-in visit or appointment. An assigned LVN is available every day to draw blood and give vaccines as ordered by the hotline clinician. Currently, when a follow up lab is needed at a new location, a form letter with the instructions for either VAMC or UCSF that summarizes their date of exposure, and what tests are needed at that time is sent to the UCSF individual.
3. Phone results are provided to affiliated site for follow-up.

### SFVAMC initial exposures:
1. SFVAMC initial exposures: verbal results followed by a mailed written summary regarding the exposure to UCSF individual (per OSHA).
2. Results of follow-up labs are given verbally to the UCSF individual. Hard copies are available and given when requested.
3. Follow-up labs: for residents from UCSF and SFGH requesting testing at the SFVA for exposures that occurred elsewhere; they will be given verbal results when available. Hard copies of labs are available if requested by the resident.

### Follow-up Instructions

- Continue to follow exposed person if they stay in the area or return to the area regularly;
- or
- Give them instructions on what they need and timing for follow-up if they are leaving the area.

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- or
- Give them instructions on what they need and timing for follow-up if they are leaving the area.
**Injured by a needlestick, cut or abrasion involving any sharp**
**Exposed to blood, body fluid or unfixed body substances**
**Bitten or scratched by a research animal that may harbor an infectious agent**
**Exposed to a potentially infectious research material, whether replication competent or incompetent**
**Exposed to MPTP, MPP+, and some highly toxic agents or anti-neoplastic drugs**

Other Program or Safety Training Information (some links may only be accessible within institutional network)
UCSF [http://or.ucsf.edu/ehs/7240-DSY/Training.html](http://or.ucsf.edu/ehs/7240-DSY/Training.html); [http://www.occupationalhealthprogram.ucsf.edu/ohpEE.asp#Exp](http://www.occupationalhealthprogram.ucsf.edu/ohpEE.asp#Exp)
SFVA [http://10.174.1.120/cprs/sharpssafety/SSPhomepage.htm](http://10.174.1.120/cprs/sharpssafety/SSPhomepage.htm)

UCSF and SFGH Needlestick Hotline programs do not need a written Release of Information to share needle-stick and exposure information for UCSF personnel as they rotate between sites. SFVA requires a written release.

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<tr>
<td><strong>Follow-up Reminder</strong></td>
<td>Yes. Contact them to see if they had received follow up, or needed a reminder.</td>
<td>Lab slip serves as follow-up reminder</td>
</tr>
<tr>
<td><strong>Lab slips</strong></td>
<td>No lab slip is provided</td>
<td>Yes. Lab slips provided with the dates as a reminder only</td>
</tr>
<tr>
<td><strong>Billing</strong></td>
<td>When follow-up is performed outside of SFVA, individual is responsible to get their own physician order for lab and absorb lab cost</td>
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</tr>
<tr>
<td><strong>Report back on test results:</strong></td>
<td>Request exposed person to forward/report results back.</td>
<td>Request exposed person to forward/report results to us</td>
</tr>
<tr>
<td><strong>Outcome Tracking and Monitoring</strong></td>
<td>Yes</td>
<td>Yes</td>
</tr>
</tbody>
</table>